

# Characterising Optical Lattice Depths

*with*

# Simple Atomic Dynamics

**Ben Beswick**

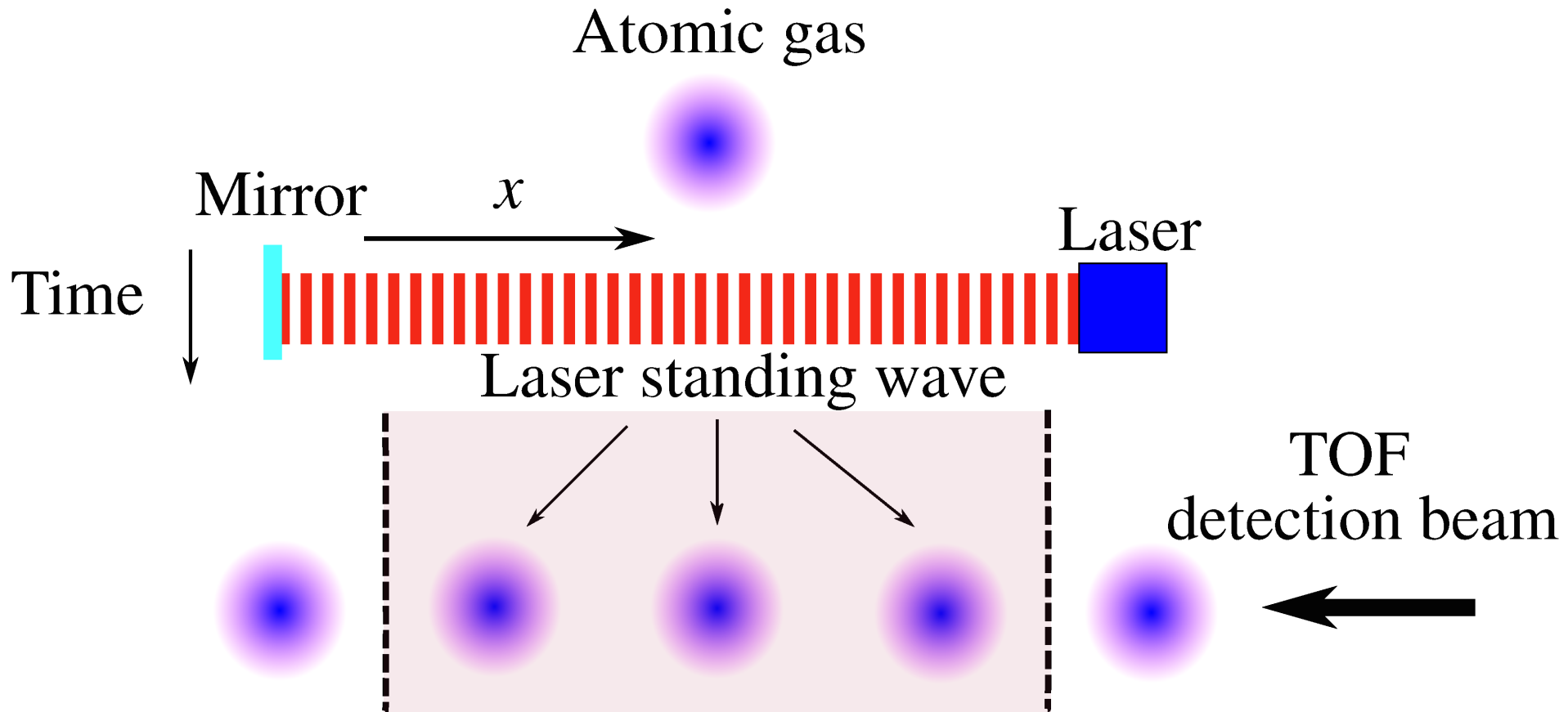
**Ifan Hughes**

**Simon Gardiner**



**Durham**  
University

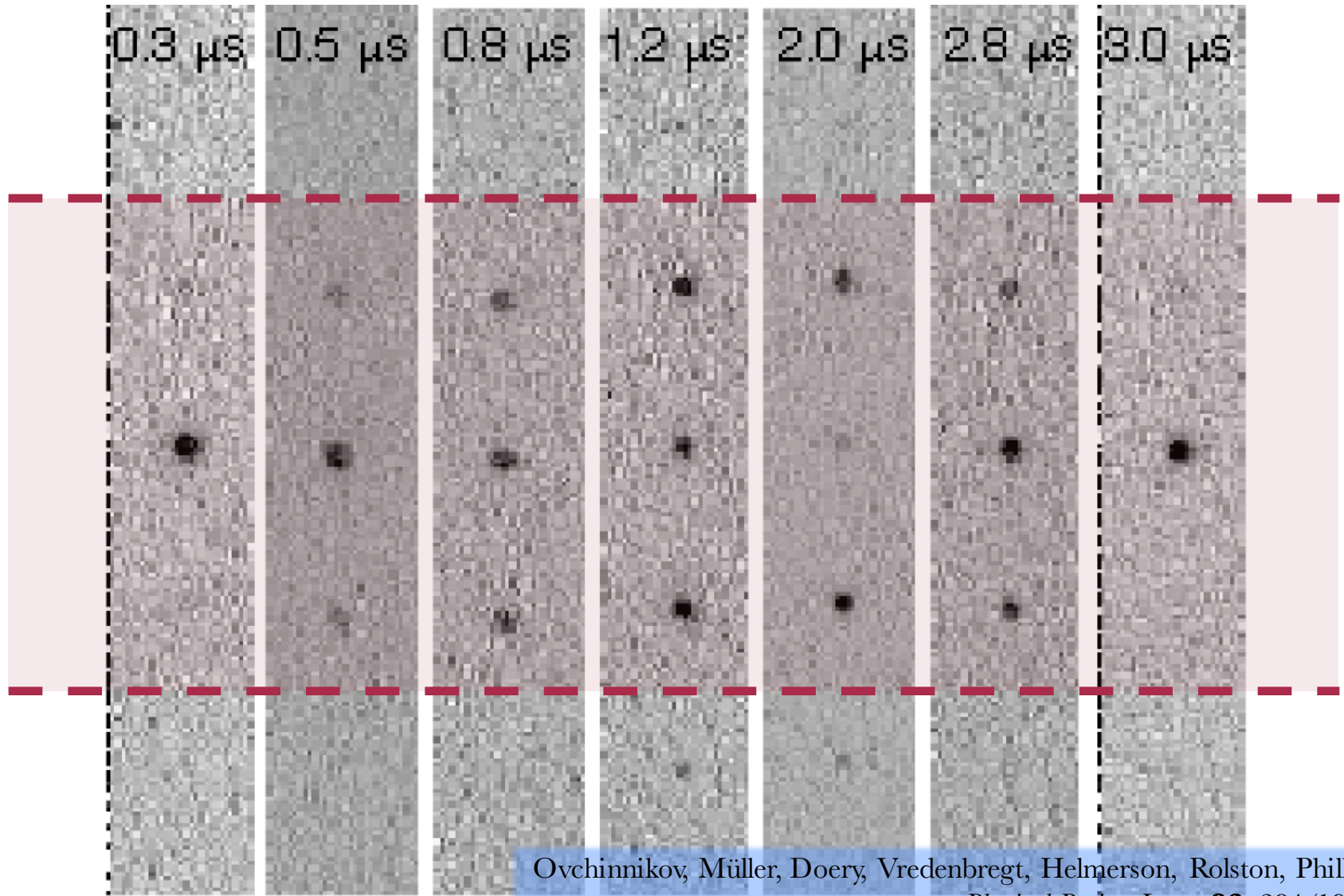
# Conceptual Setup



# Prehistory (NIST, 1999)

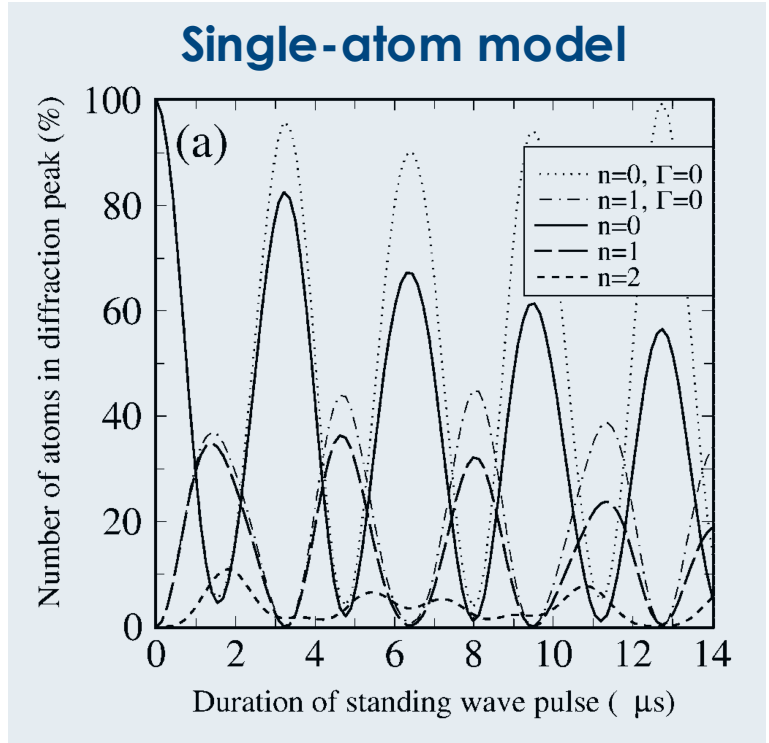
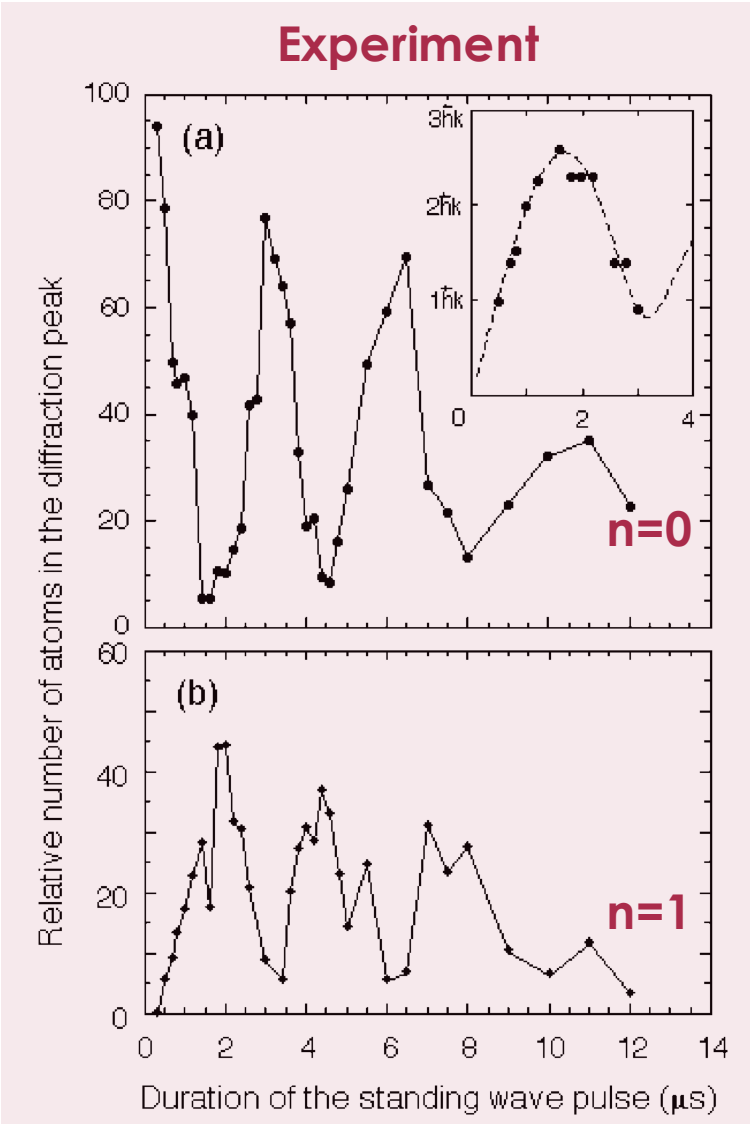
- Form weakly interacting sodium BEC (approximately **zero momentum** initial motional state)
- Turn on **off-resonant laser standing wave** (optical lattice)
- Consider dynamics after various times (**duration** of **single** standing wave laser pulse)
- Time-of-flight measurement (maps **momentum distribution** onto **spatial distribution**)

Ovchinnikov, Müller, Doery, Vredenburg, Helmerson, Rolston, Phillips  
*Physical Review Letters* **83**, 284 (1999)



Ovchinnikov, Müller, Doery, Vredembregt, Helmerson, Rolston, Phillips  
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# Rabi Oscillations



- Describe **potential** as  $\propto \cos(Kx)$
- **Oscillations** between  $|0\rangle$  and  $\frac{|\hbar K\rangle + |-\hbar K\rangle}{\sqrt{2}}$  ( $n=0, n=1$  diffraction orders)

## Precision Measurement of Transition Matrix Elements via Light Shift Cancellation

C. D. Herold,<sup>\*</sup> V. D. Vaidya, X. Li, S. L. Rolston, and J. V. Porto

*Joint Quantum Institute, University of Maryland and NIST, College Park, Maryland 20742, USA*

M. S. Safronova

*Department of Physics and Astronomy, University of Delaware, Newark, Delaware 19716, USA*

(Received 20 August 2012; published 14 December 2012)

- **“Precise knowledge of atomic transition strengths is important in ...**
  - development of ultraprecise atomic clocks,
  - studies of fundamental symmetries,
  - [studies of] degenerate quantum gases,
  - quantum information,
  - plasma physics, and
  - astrophysics.”

# Resonantly Timed Multiple Short Pulses

- Alternating Hamiltonians

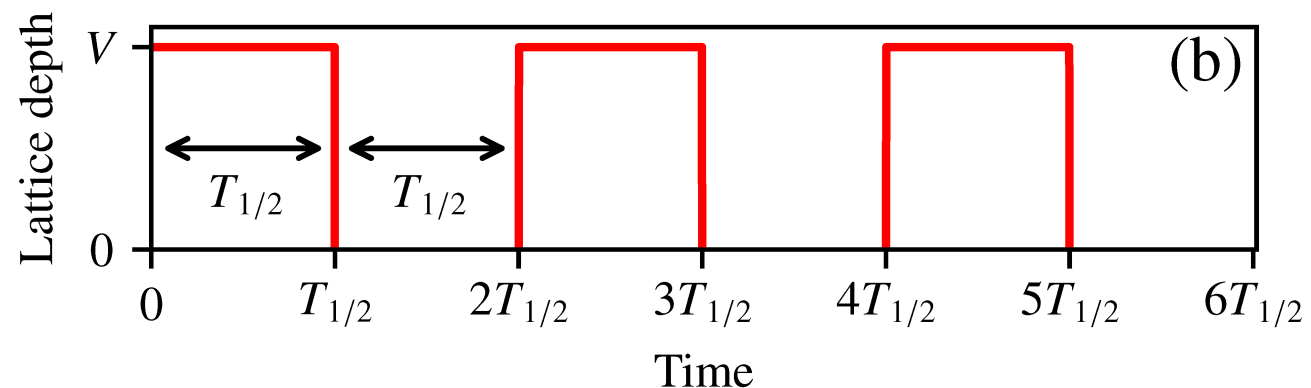
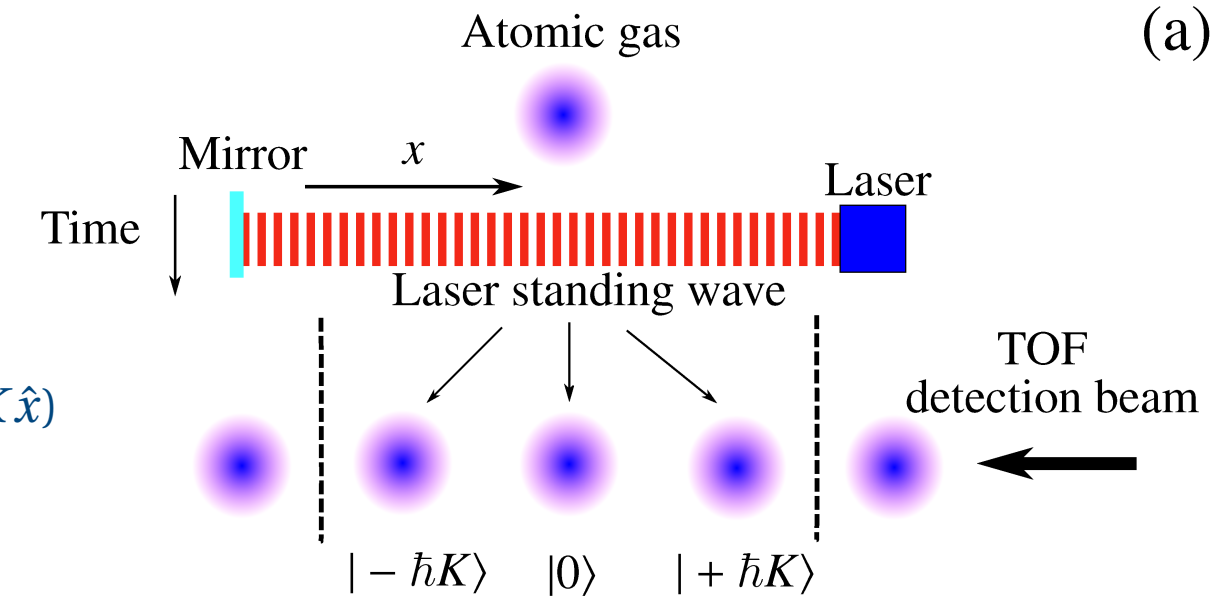
$$\hat{H}_{\text{Latt}} = \frac{\hat{p}^2}{2M} - V \cos(K\hat{x})$$

$$\hat{H}_{\text{Free}} = \frac{\hat{p}^2}{2M}$$

- Applied for duration

$$T_{1/2} = \frac{2\pi M}{\hbar K^2} = \frac{h}{8E_R}$$

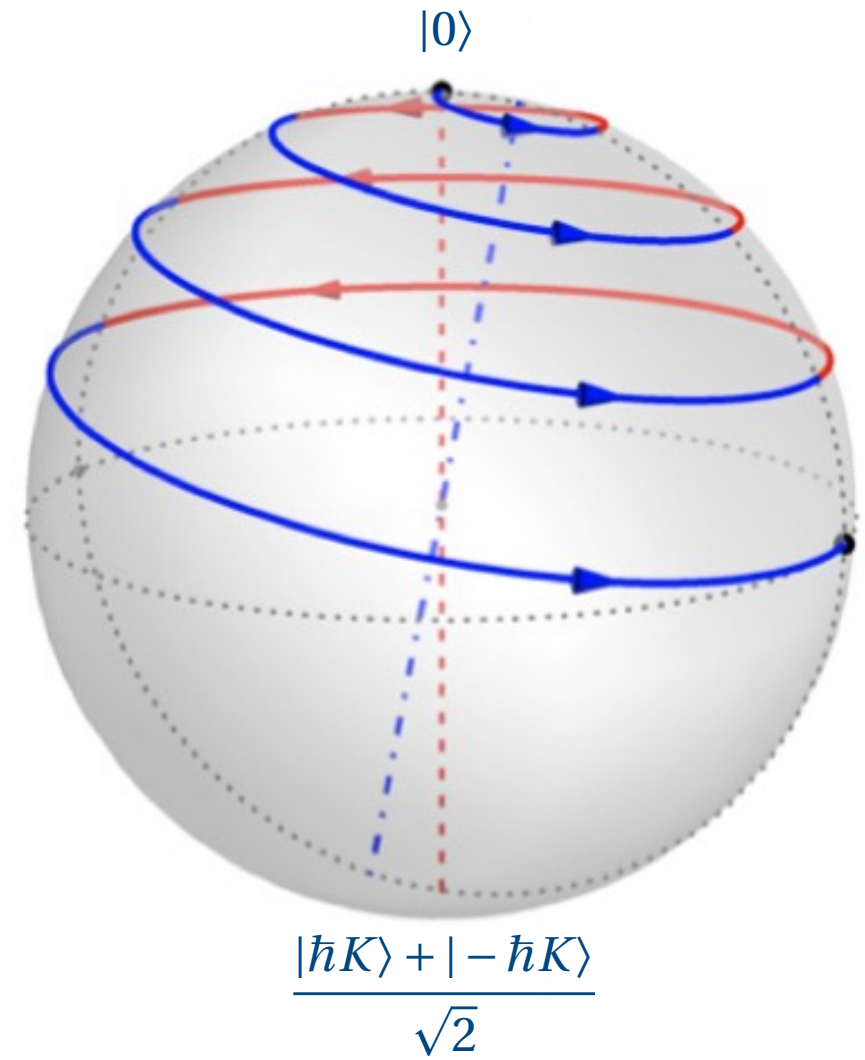
(**half-Talbot**  
time)



# Bloch Sphere Picture

Herold, Vaidya, Li, Rolston, Porto, Safronova  
*Physical Review Letters* **109**, 243003 (2012)

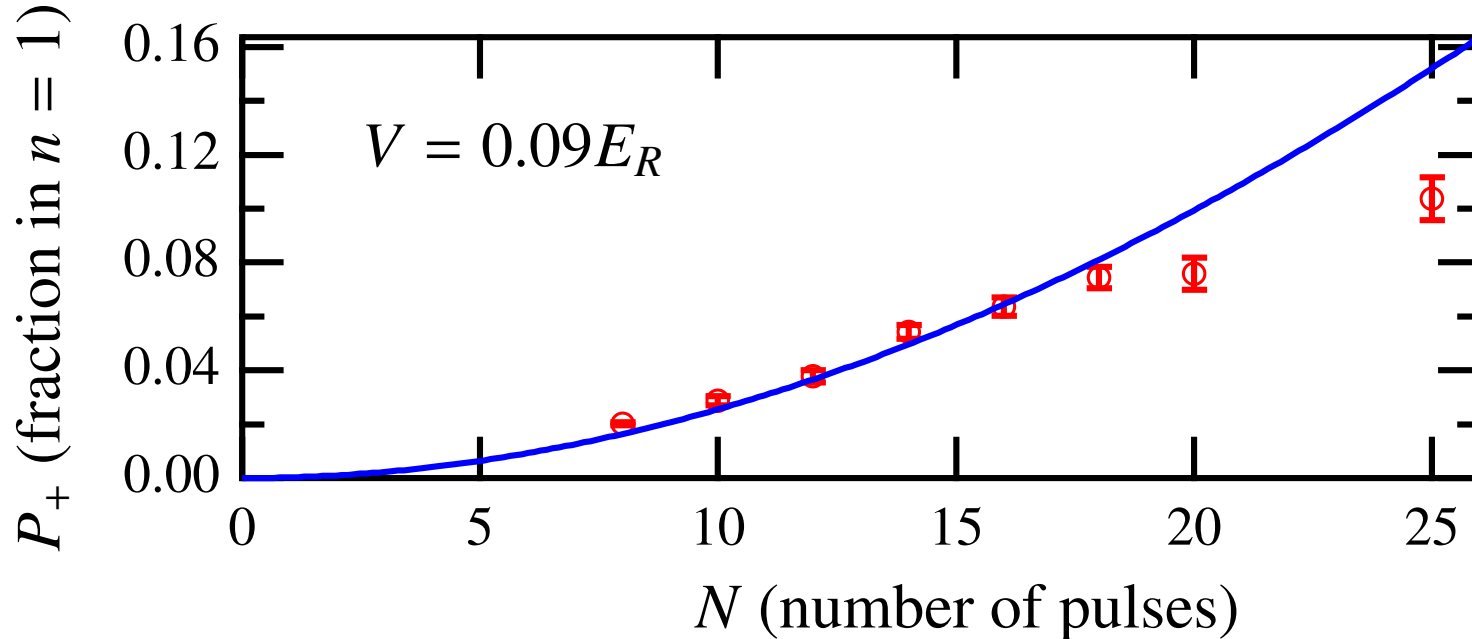
- Multipulse sequence **coherently adds** effect of each pulse
- **Blue** shows evolution with lattice on
- **Red** shows evolution with lattice off





# Quadratic Population of First Diffraction Order

Herold, Vaidya, Li, Rolston, Porto, Safronova  
*Physical Review Letters* **109**, 243003 (2012)



- Assuming “small”  $VN$  (and zero initial momentum), then  $P_+$  grows **approximately quadratically**
- $V$  may be deduced by **numerical fit**

# A Closer Analytic Treatment

Beswick, Hughes, Gardiner  
*Physical Review A* **99**, 013614 (2019)

- System **spatially periodic**, hence (Bloch's theorem) partition momentum  $(\hbar K)^{-1} p = k + \beta$ , where  $k \in \mathbb{Z}$ ,  $\beta \in [-1/2, 1/2)$
- Quasimomentum  $\beta$  conserved; momentum states with different quasimomentum **do not couple**
- Time evolution within particular **quasimomentum subspace** governed by Floquet operator

$$\hat{F}(\beta) = \hat{F}(\beta)_{\text{Free}} \hat{F}(\beta)_{\text{Latt}}$$

$$= \exp\left(-i \left[ \frac{\hat{k}^2 + 2\hat{k}\beta}{2} \right] 2\pi\right) \exp\left(-i \left[ \frac{\hat{k}^2 + 2\hat{k}\beta}{2} - V_{\text{eff}} \cos(\hat{\theta}) \right] 2\pi\right)$$

$$V_{\text{eff}} = VM/\hbar^2 K^2, \quad \hat{\theta} = K\hat{x}$$

# Zero Temperature (Zero Quasimomentum Space)

Beswick, Hughes, Gardiner  
*Physical Review A* **99**, 013614 (2019)

- By symmetry, evolution remains in **symmetric subspace**; minimally  $|0\rangle$  and  $\frac{|\hbar K\rangle + |-\hbar K\rangle}{\sqrt{2}}$
- Essentially a Rabi system with **periodic phase changes** to excited state; populations evolve as

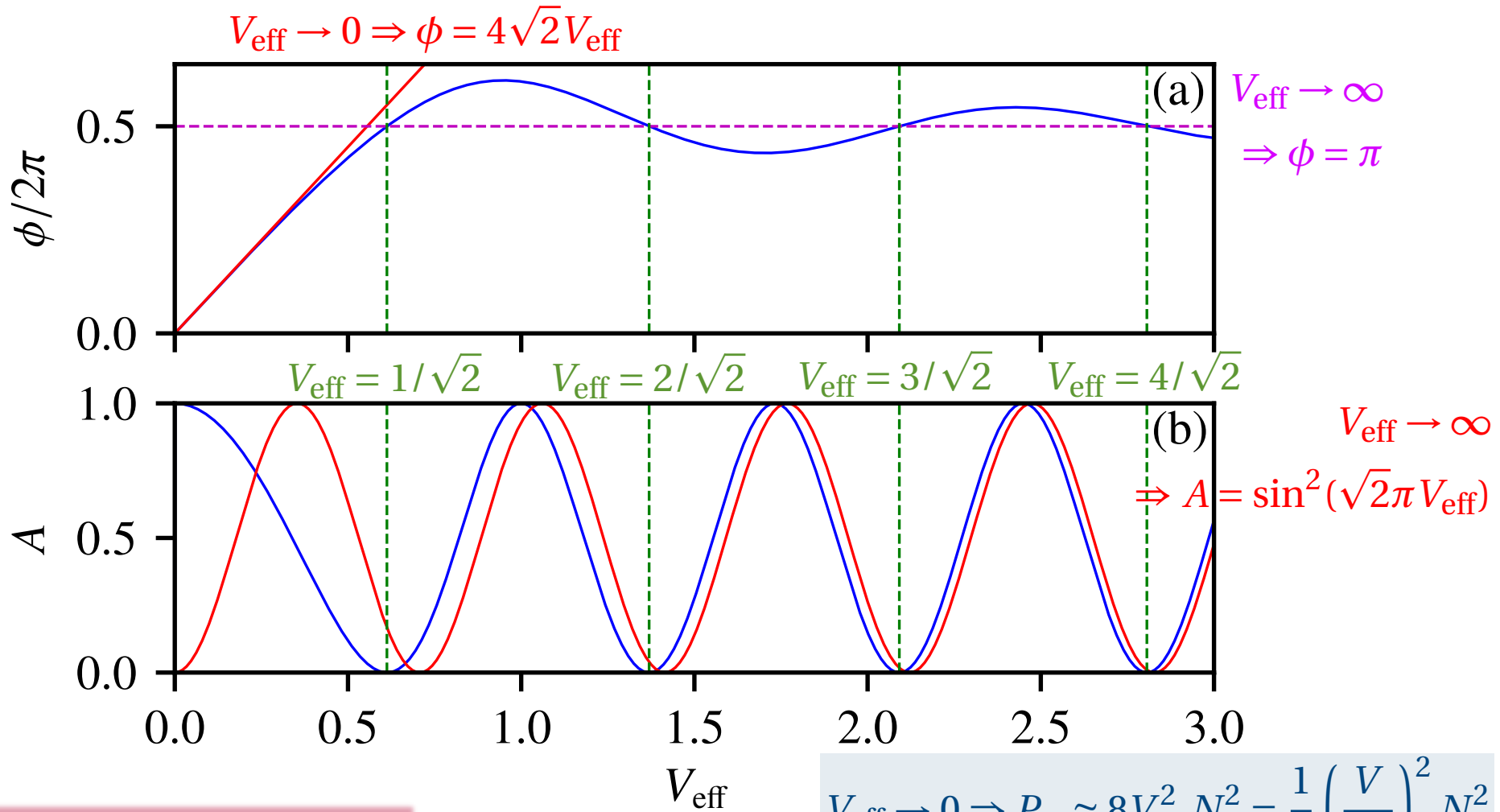
$$P_0(N, V_{\text{eff}}) = 1 - A \sin^2(N\phi/2)$$

$$P_+(N, V_{\text{eff}}) = A \sin^2(N\phi/2)$$

$$A = \frac{8V_{\text{eff}}^2 \sin^2\left(\pi\sqrt{1+8V_{\text{eff}}^2}/2\right)}{8V_{\text{eff}}^2 + \cos^2\left(\pi\sqrt{1+8V_{\text{eff}}^2}/2\right)}$$

$$\phi = 2 \arctan\left(\frac{\sqrt{8V_{\text{eff}}^2 + \cos^2\left(\pi\sqrt{1+8V_{\text{eff}}^2}/2\right)}}{\sin\left(\pi\sqrt{1+8V_{\text{eff}}^2}/2\right)}\right)$$

# Limiting Behaviours

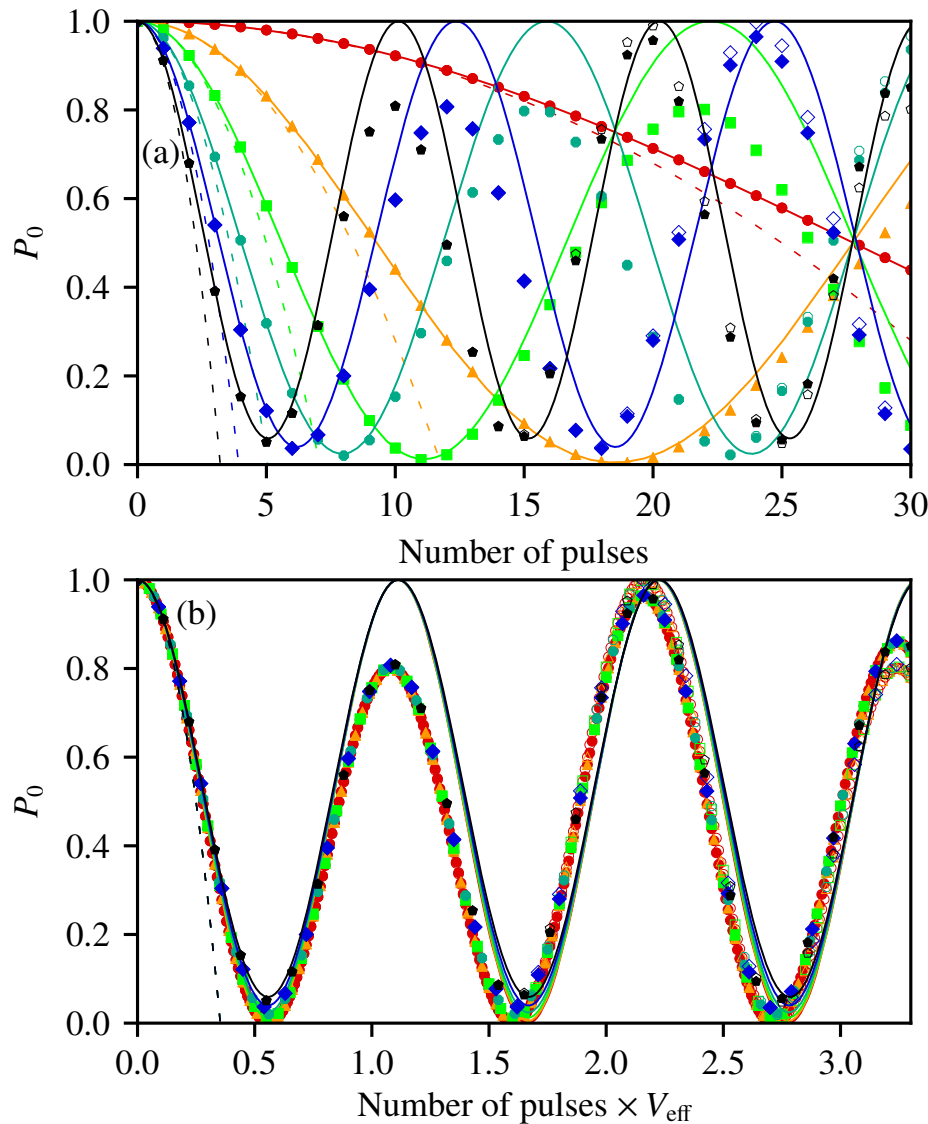


$$V_{\text{eff}} \rightarrow 0 \Rightarrow P_+ \approx 8V_{\text{eff}}^2 N^2 = \frac{1}{8} \left( \frac{V}{E_R} \right)^2 N^2$$

$$\Rightarrow P_0 \approx 1 - 8V_{\text{eff}}^2 N^2$$

Beswick, Hughes, Gardiner  
*Physical Review A* **99**, 013614 (2019)

# Universal Behaviour



Beswick, Hughes, Gardiner  
*Physical Review A* **99**, 013614 (2019)

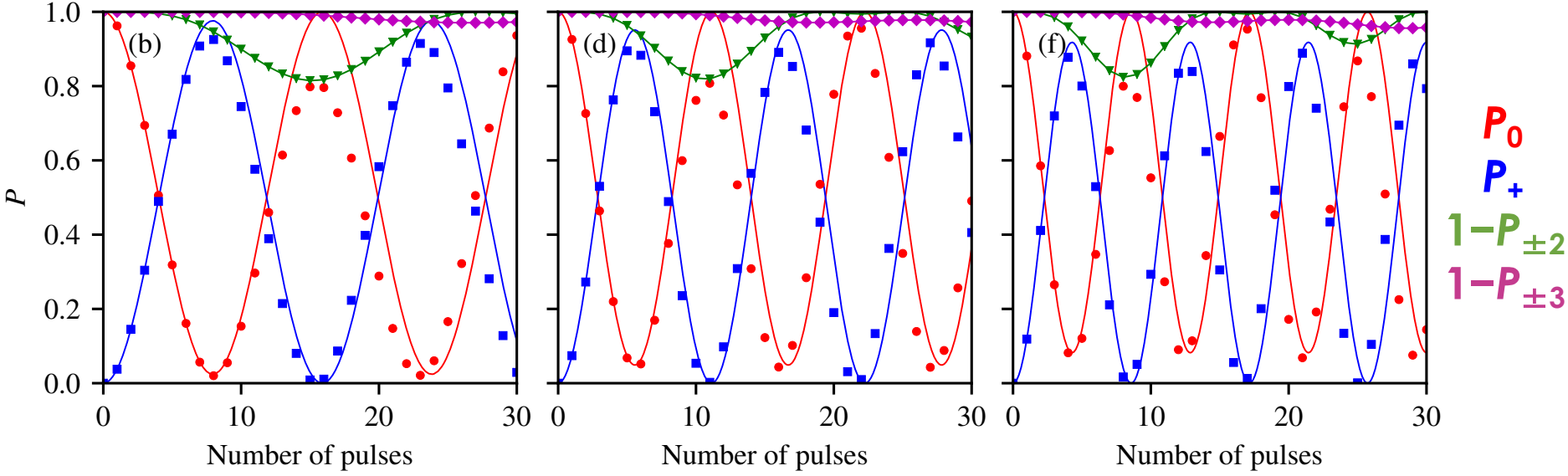
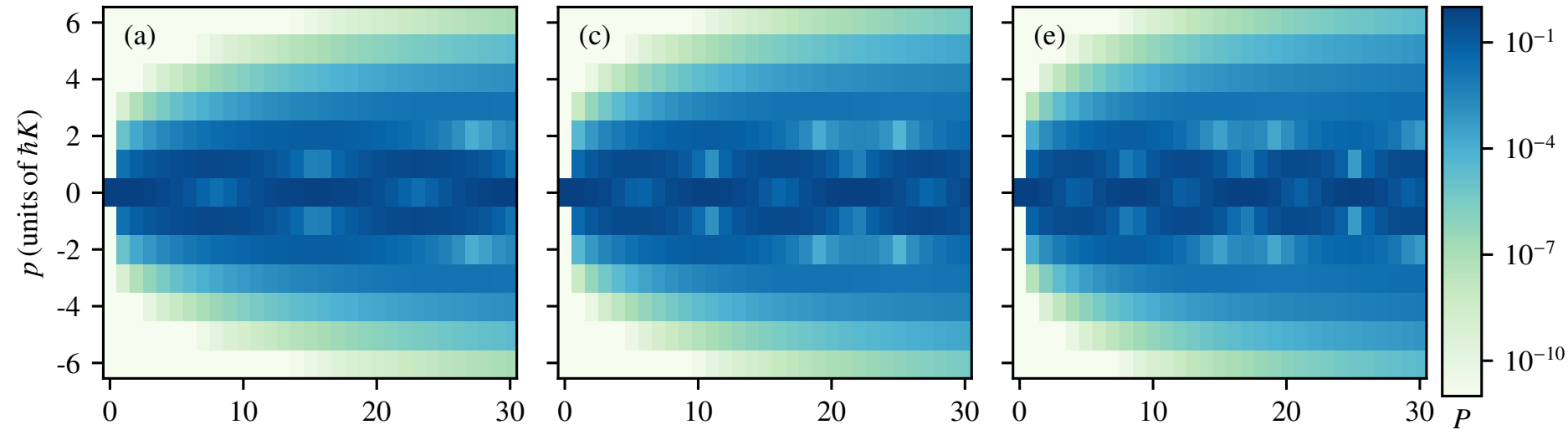
- Solid lines: **analytical estimates**
- Dashed lines: **quadratic approximation**
- Solid markers: **full numerics**
- Hollow markers: **zeroth, first, second diffraction orders only**

# Population Beyond First Diffraction Order

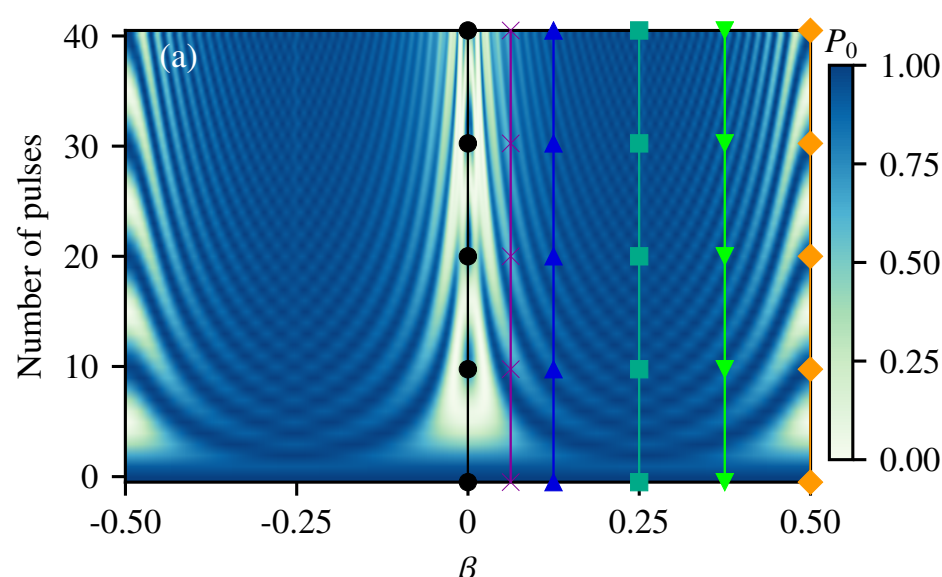
$V_{\text{eff}} = 0.07$

$V_{\text{eff}} = 0.10$

$V_{\text{eff}} = 0.13$

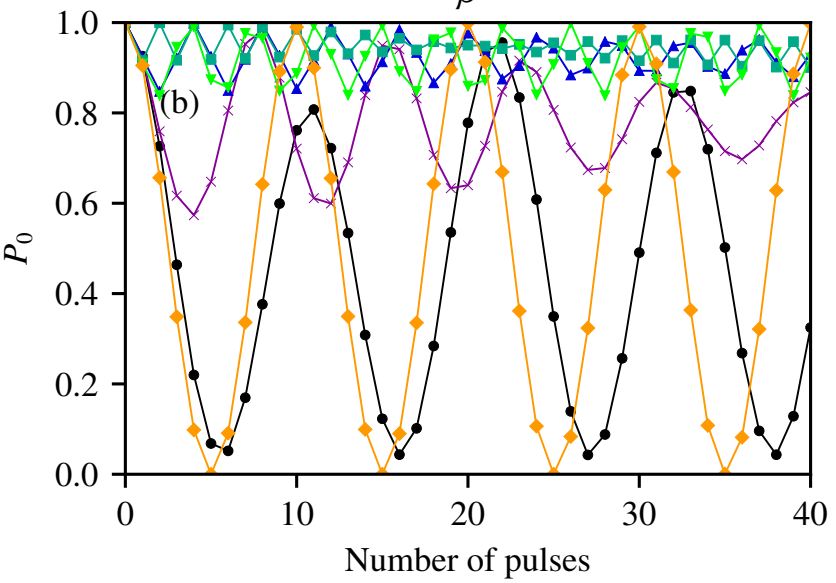


# Dynamics in Other Quasimomentum Spaces



$$V_{\text{eff}} = 0.1$$

Beswick, Hughes, Gardiner  
*Physical Review A* **99**, 013614 (2019)



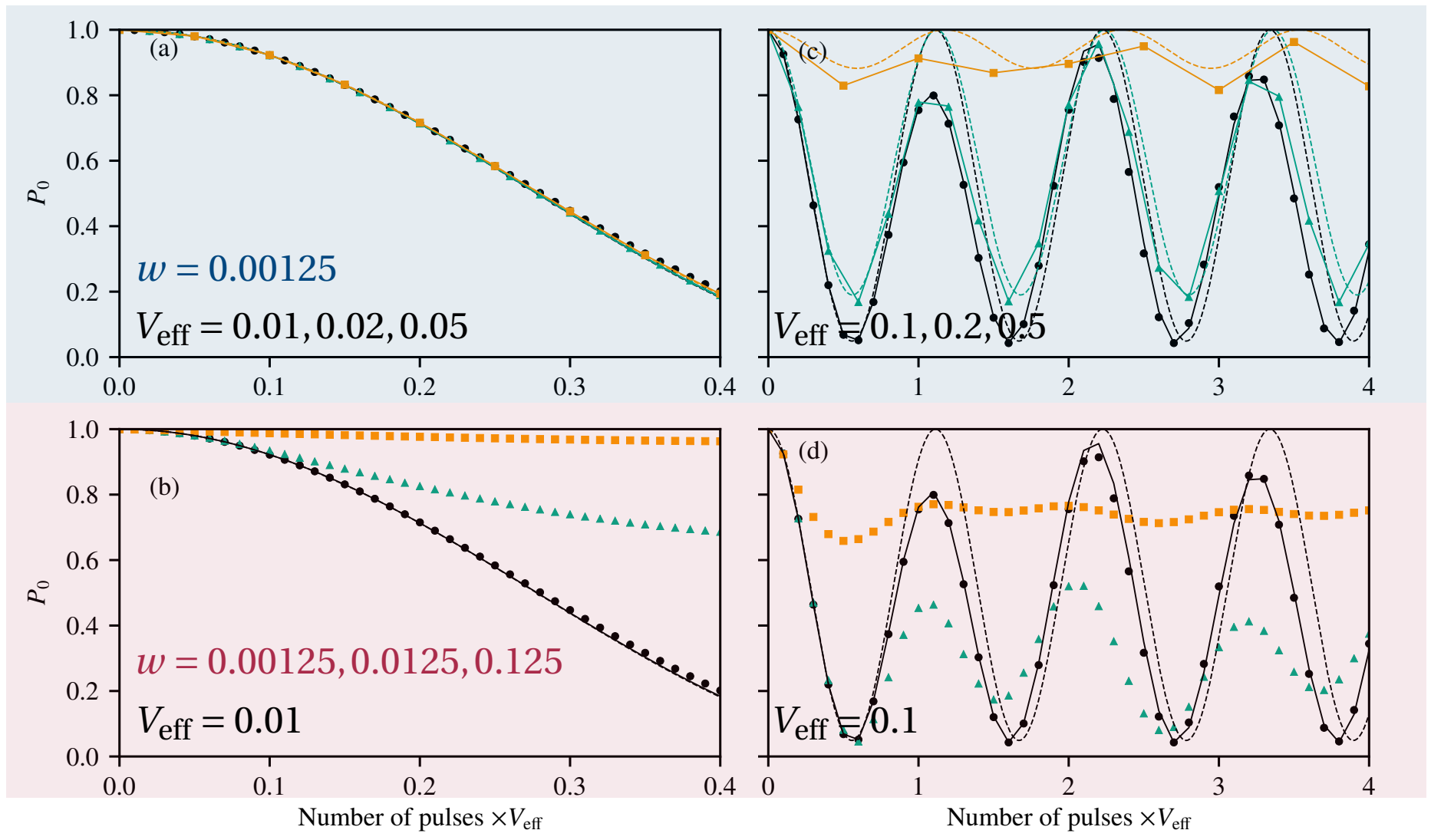
- Relevant for **finite temperature response**
- Consider rescaled **Maxwell-Boltzmann distribution**

$$D_{k=0}(\beta) = \frac{1}{w\sqrt{2\pi}} \exp\left(\frac{-\beta^2}{2w^2}\right)$$

- Corresponds to temperature

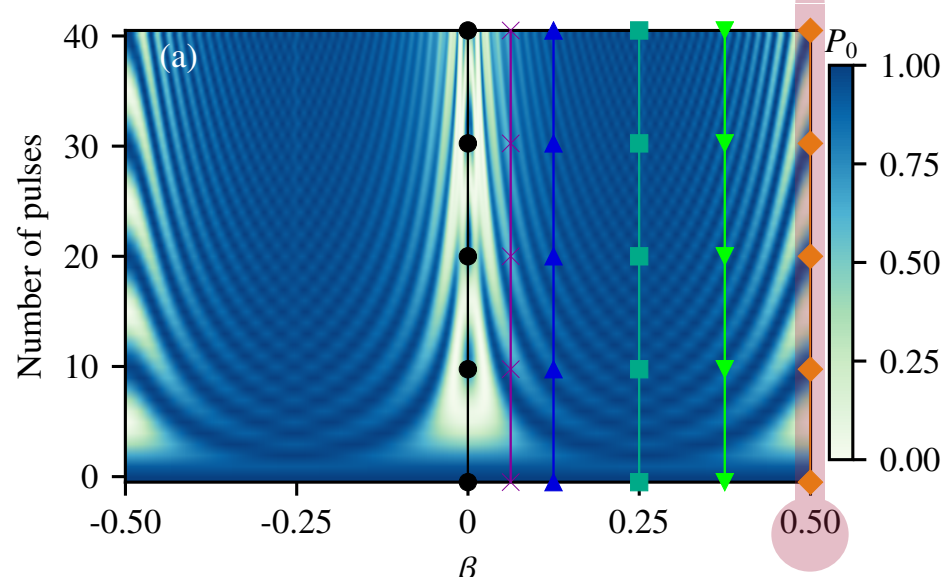
$$\mathcal{T}_w = \hbar^2 K^2 w^2 / M k_B$$

# Finite Temperature Response





# Dynamics when Quasimomentum = 1/2



Beswick, Hughes, Gardiner  
*Physical Review A* **99**, 013614 (2019)

- Floquet operator
 
$$\hat{F}(\beta = 1/2) = \hat{F}(1/2)_{\text{Free}} \hat{F}(1/2)_{\text{Latt}}$$

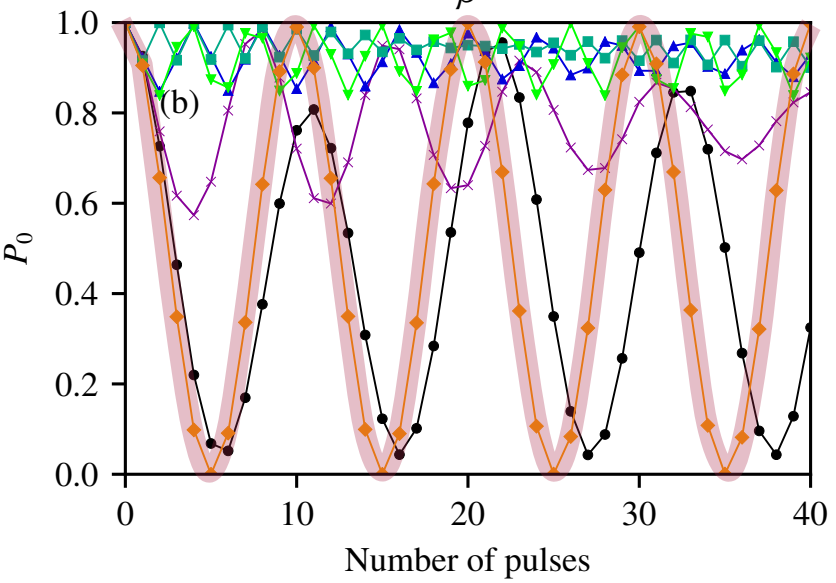
$$= \exp(-i [\hat{k}(\hat{k} + 1)] \pi)$$

$$\times \exp(-i [\hat{k}(\hat{k} + 1)/2 - V_{\text{eff}} \cos(\hat{\theta})] 2\pi)$$

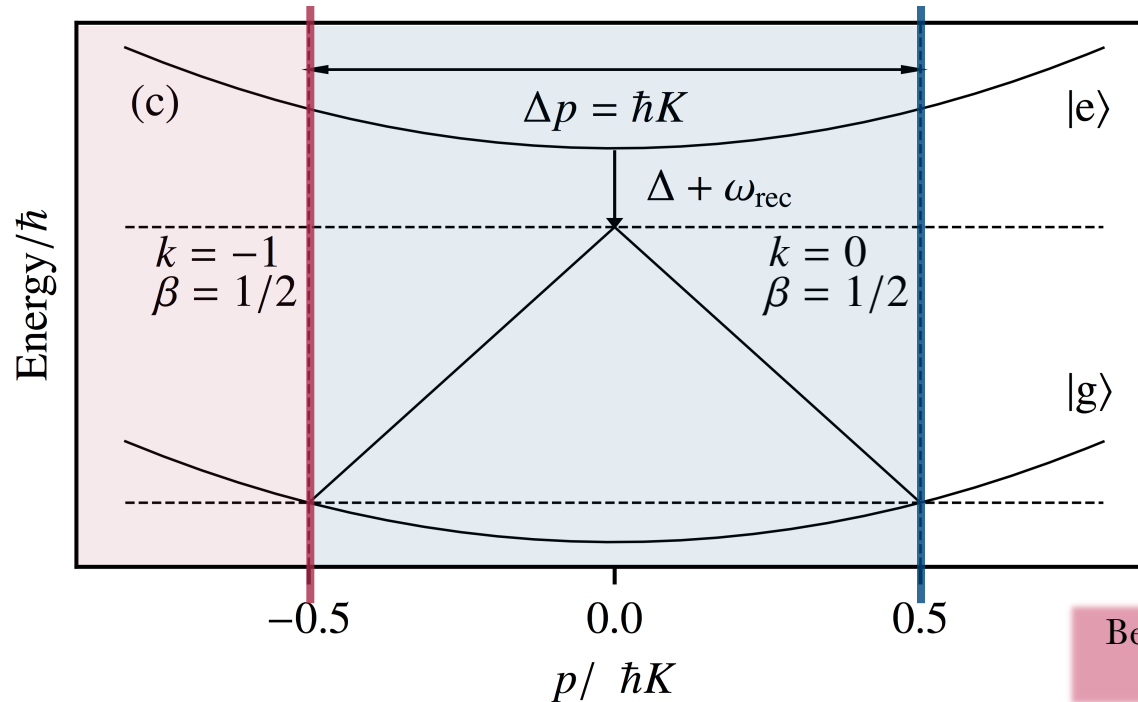
**simplifies to**

$$\hat{F}(\beta = 1/2)$$

$$= \exp(-i [\hat{k}(\hat{k} + 1)/2 - V_{\text{eff}} \cos(\hat{\theta})] 2\pi)$$



# Continuous Diffraction with Quasimomentum = 1/2



Beswick, Hughes, Gardiner  
*arXiv:1903.04011*

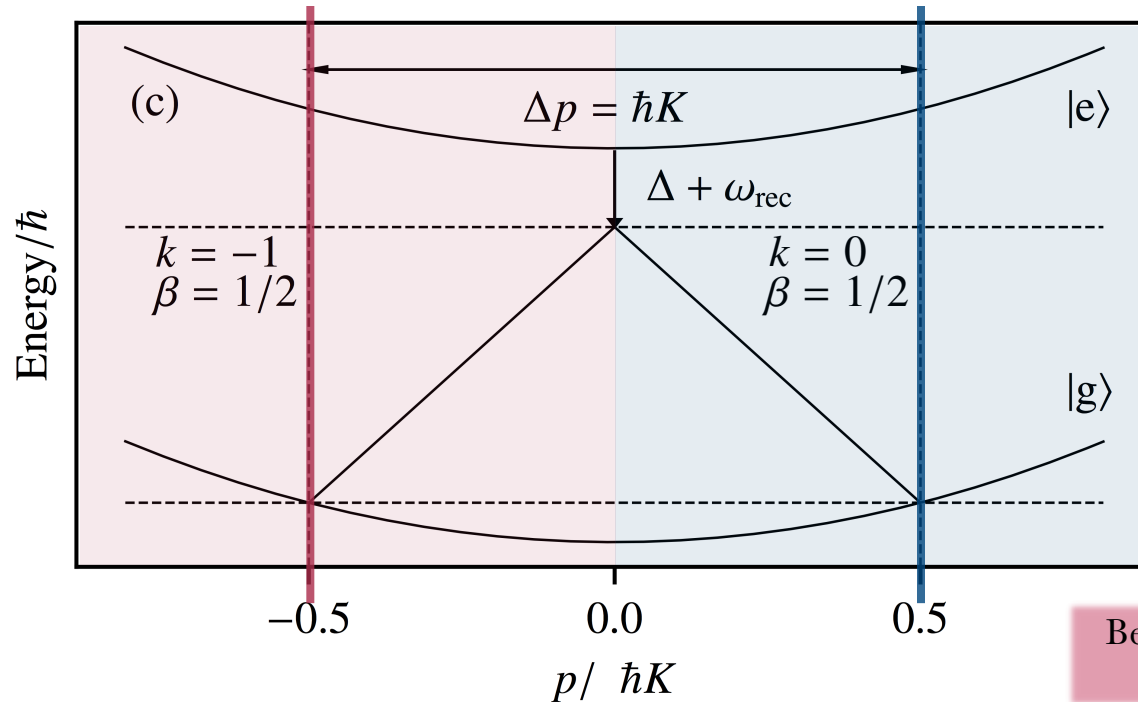
- Simultaneous energy and quasimomentum conservation
- Resonant **Raman Rabi coupling** of two **discrete** states

$$H_{\text{Latt}}^{2 \times 2} = \begin{pmatrix} 1/4 & -V_{\text{eff}}/2 \\ -V_{\text{eff}}/2 & 1/4 \end{pmatrix}$$

$$P_0 = \cos^2(V_{\text{eff}}\tau/2),$$

$$P_{-1} = \sin^2(V_{\text{eff}}\tau/2),$$

# Continuous Diffraction with Quasimomentum = 1/2



Beswick, Hughes, Gardiner  
*arXiv:1903.04011*

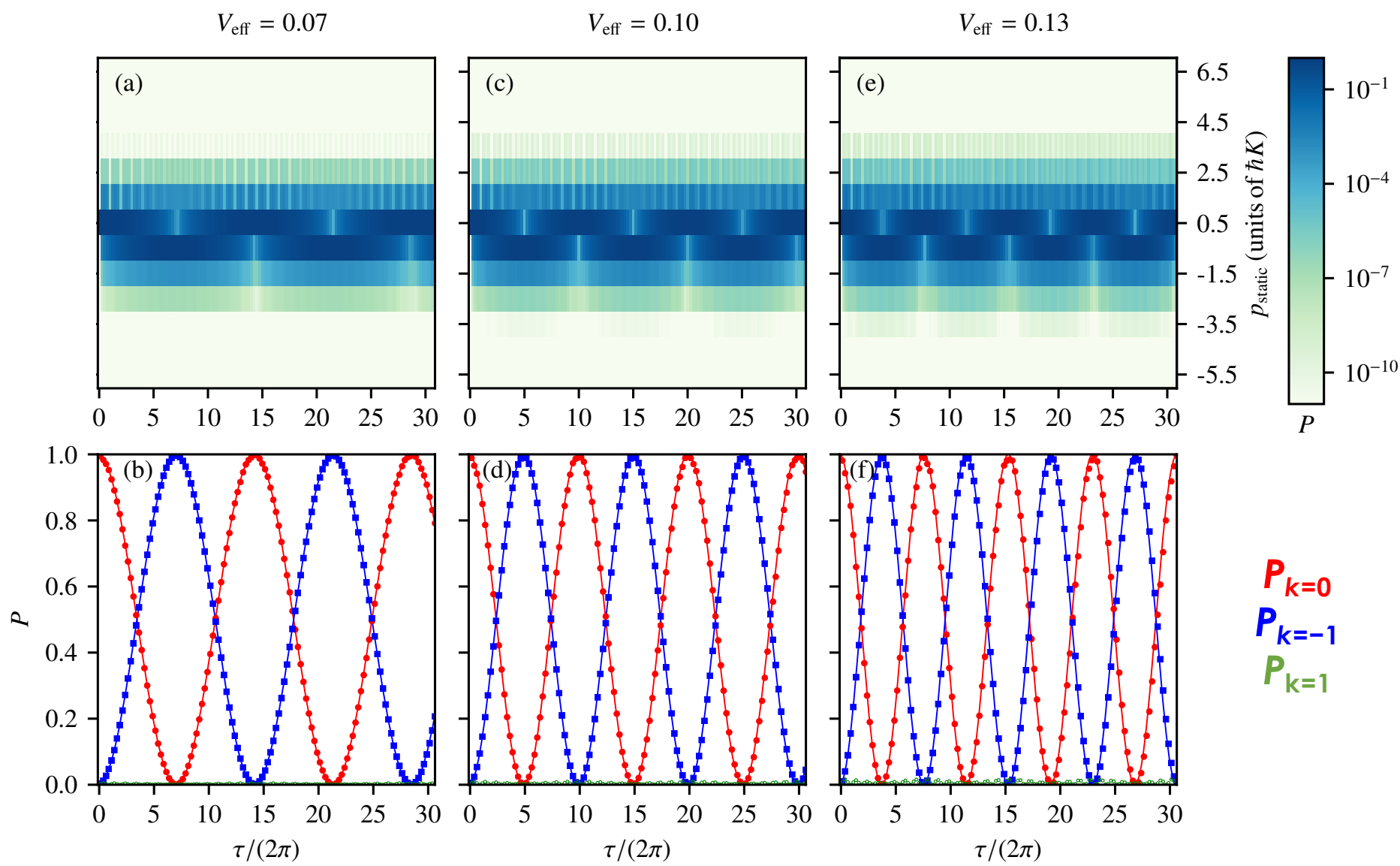
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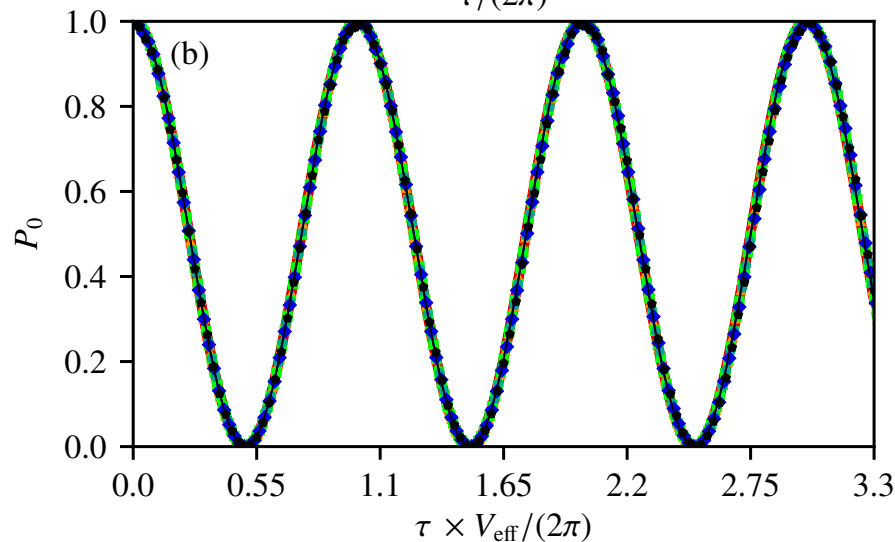
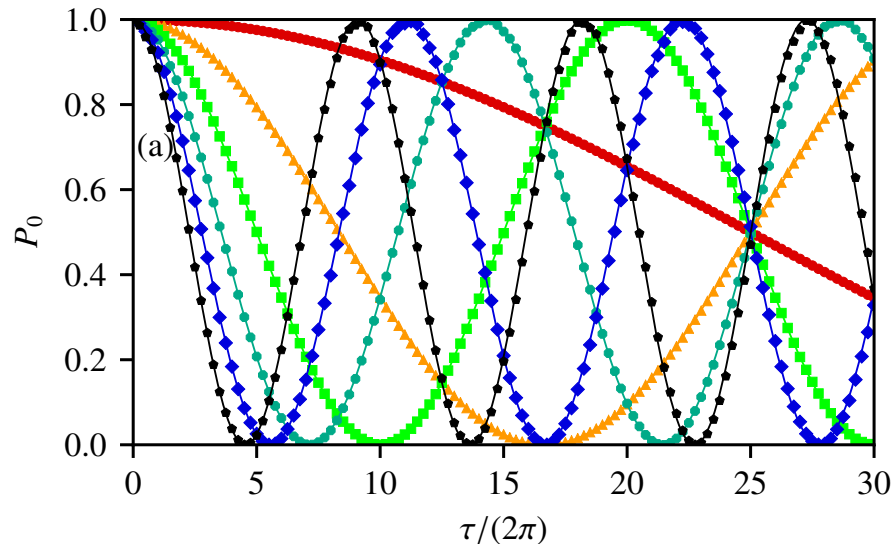
$$P_{-1} = \sin^2(V_{\text{eff}}\tau/2),$$

# Population Beyond First Diffraction Order



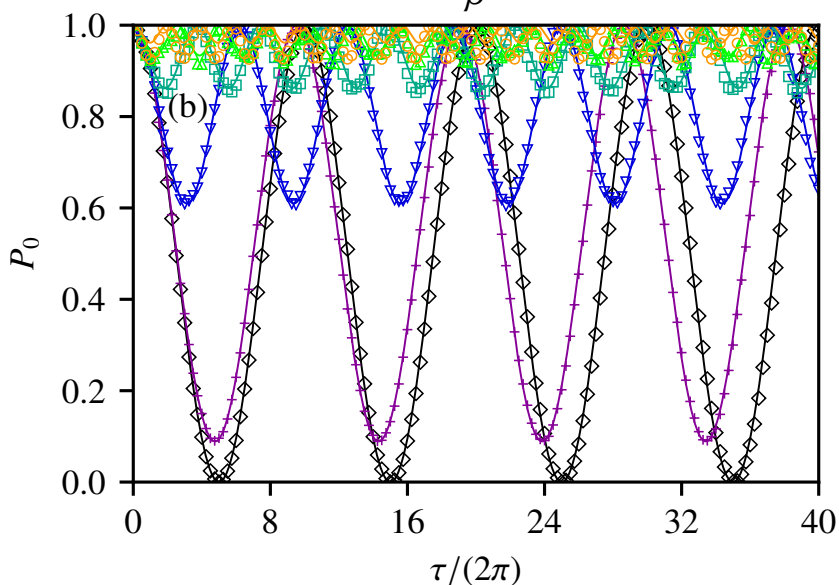
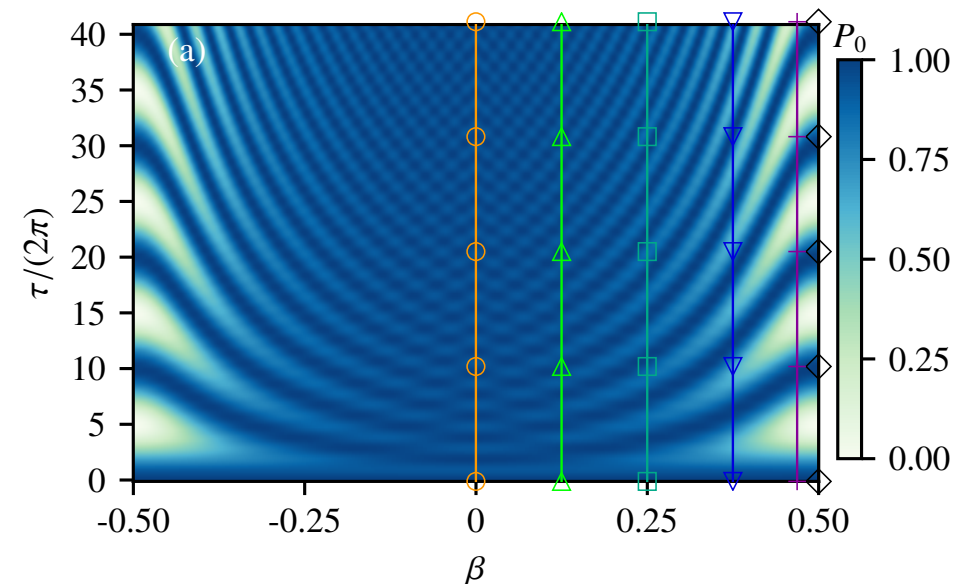
# Universal Behaviour

Beswick, Hughes, Gardiner  
*arXiv:1903.04011*



- **Continuous time evolution** in terms of  $\tau = (\hbar K^2 / M)t$  (solid line analytics)
- **Exact numerics** for  $V_{\text{eff}} = 0.01$  to  $V_{\text{eff}} = 0.11$  (markers)

# Other Quasimomentum Spaces



$$V_{\text{eff}} = 0.1$$

Beswick, Hughes, Gardiner  
*arXiv:1903.04011*

- **Off-resonant** Rabi model

$$H_{\text{Latt}}^{2 \times 2}(\beta) = \begin{pmatrix} \beta^2/2 & -V_{\text{eff}}/2 \\ -V_{\text{eff}}/2 & (1 - 2\beta + \beta^2)/2 \end{pmatrix}$$

- Yields population dynamics

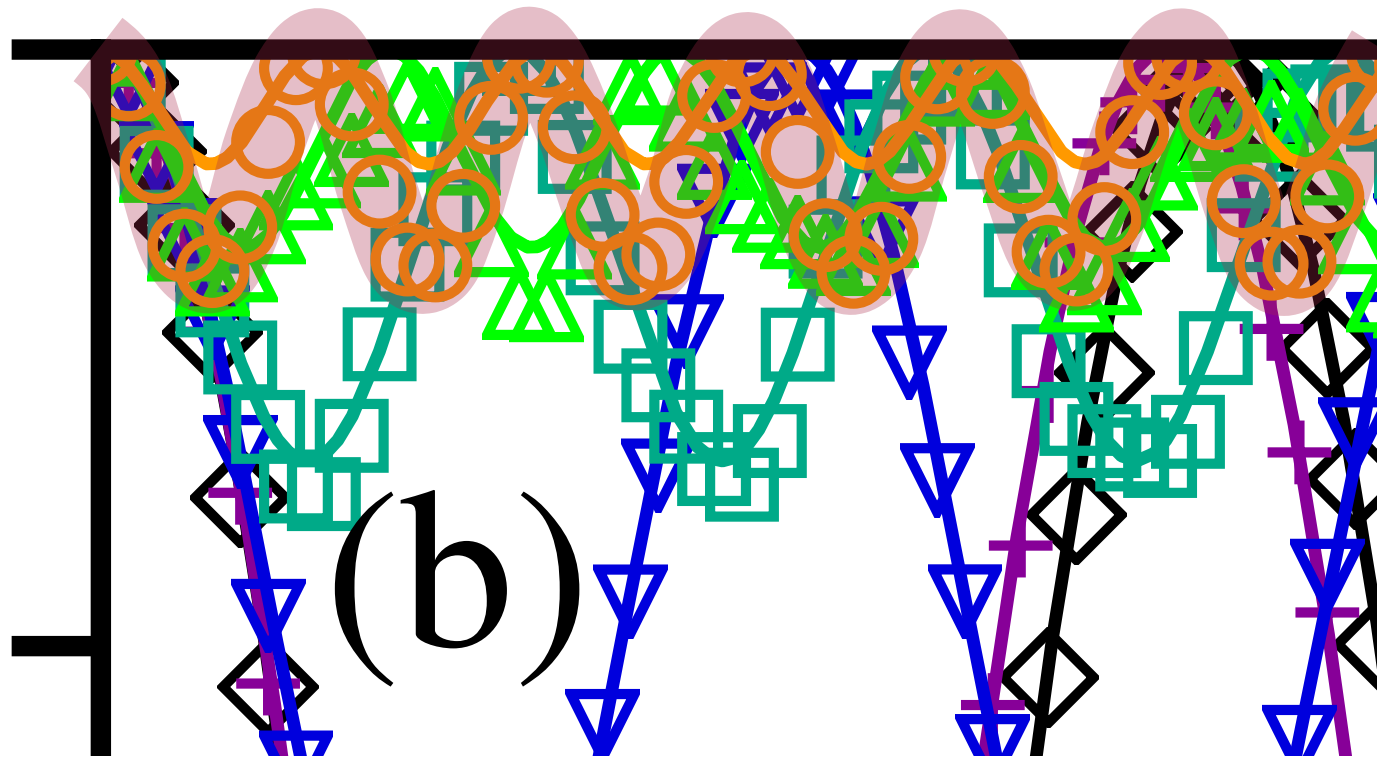
$$P_0(\beta) = 1 - \frac{V_{\text{eff}}^2 \sin^2 \left( \sqrt{(\beta - 1/2)^2 + V_{\text{eff}}^2} \frac{\tau}{2} \right)}{(\beta - 1/2)^2 + V_{\text{eff}}^2}$$

$$V_{\text{eff}} = 0.1$$

Beswick, Hughes, Gardiner  
*arXiv:1903.04011*

1.0

0.8



- Consider (displaced) **Maxwell-Boltzmann distribution**

$$D_{k=0}(\beta, w) = \frac{1}{w\sqrt{2\pi}} \exp\left(\frac{-(\beta - 1/2)^2}{2w^2}\right)$$

- Population **remaining** in  $k = 0$  band given by

$$P_0(w) = \int_0^1 D_{k=0}(\beta, w) P_0(\beta) d\beta$$

- Can be determined from (for **sufficiently narrow** distribution)

$$P_0(\rho) = 1 - \frac{1}{\sqrt{2\pi}\rho} \int_{-\infty}^{\infty} \exp\left(\frac{-\gamma^2}{2\rho^2}\right) \frac{1}{\gamma^2 + 1} \sin^2\left(\frac{\sqrt{\gamma^2 + 1}}{2} \phi\right) d\gamma$$

$$\gamma = (\beta - 1/2)/V_{\text{eff}}, \quad \phi = V_{\text{eff}}\tau, \quad \rho = w/V_{\text{eff}}$$



- **Steady state** given by

$$P_{0,\phi \rightarrow \infty}(\rho) = \frac{1}{2\rho} \sqrt{\frac{\pi}{2}} \exp\left(\frac{1}{2\rho^2}\right) \text{Erfc}\left(\frac{1}{\sqrt{2}\rho}\right)$$

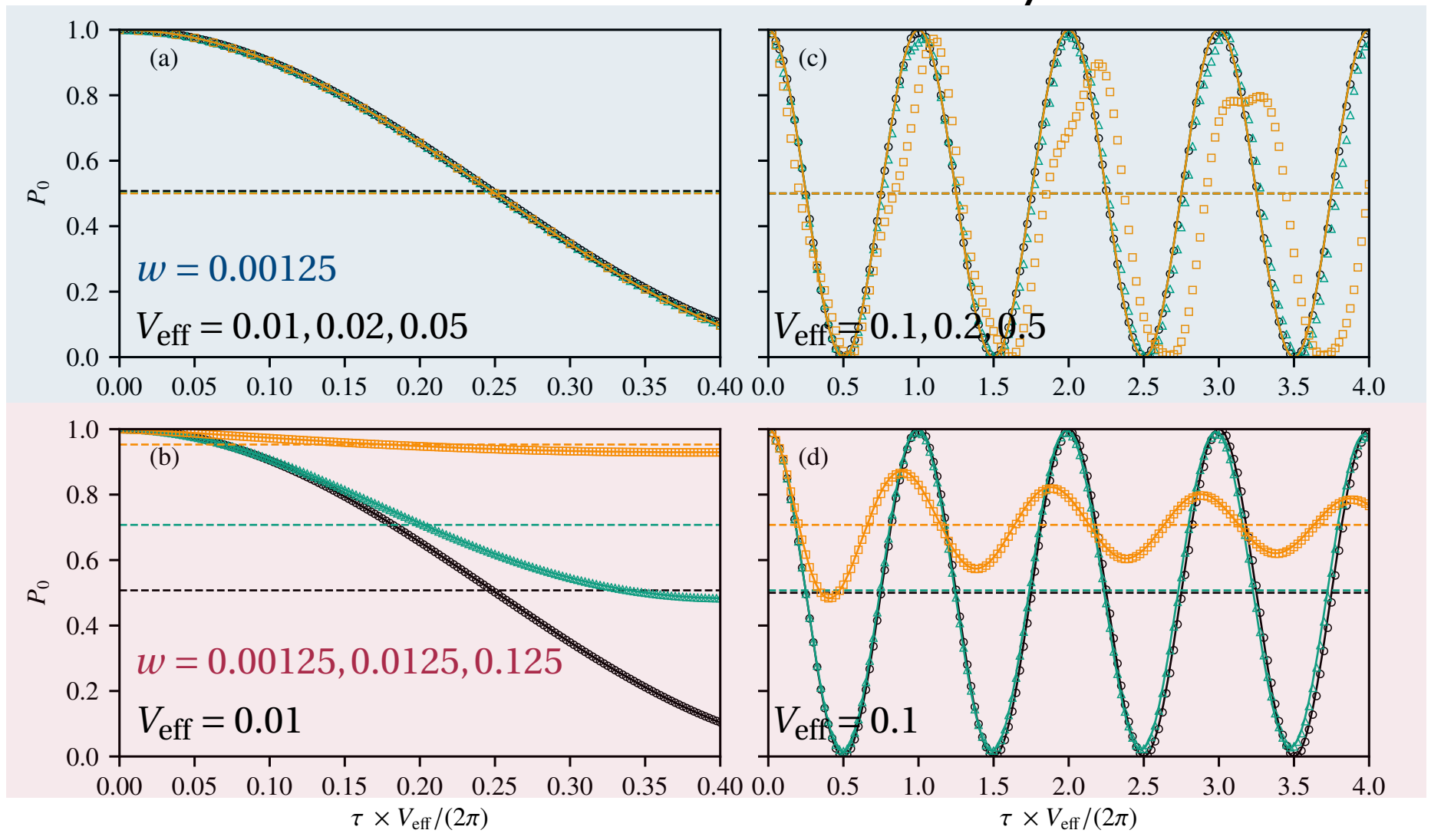
- Possible to determine

$$\begin{aligned} P_0(\rho) &= 1 - \sum_{s=0}^{\infty} \sum_{q=0}^s \left\{ \frac{(-\phi^2)^{s+1} s!}{[2(s+1)]!} \right\} \left\{ \frac{-(2q)!}{[2(q!)^2 (s-q)!]} \right\} \left\{ \left(\frac{\rho^2}{2}\right)^q \right\} \\ &= 1 - \sum_{q=0}^{\infty} \left(\frac{\rho}{2}\right)^{2q} \frac{(2q)!}{q!^2} \left\{ \left(\frac{\phi}{2}\right)^{2(q+1)} \left[ \left(\frac{2}{\phi}\right) \frac{d}{d(\phi/2)} \right]^q \left[ \frac{\sin^2(\phi/2)}{(\phi/2)^2} \right] \right\} \end{aligned}$$

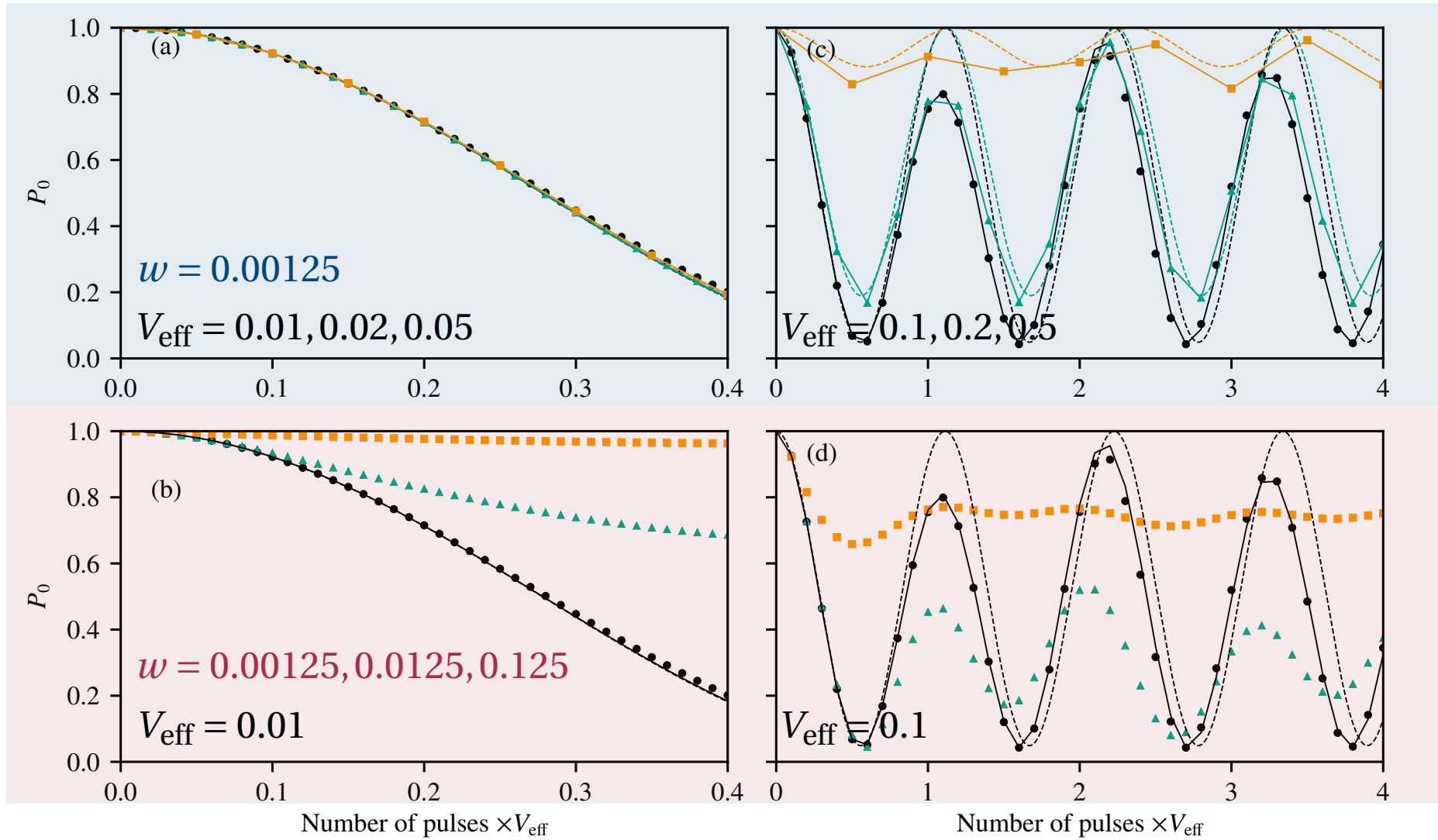
- Collapses to **zero-temperature case** for  $q = 0$ . Can in principle add  $q \neq 0$  **low-temperature corrections**, although each such term **individually diverges** as  $\phi \rightarrow \infty$  (long-time limit)

# Finite Temperature and Decay to Steady State

Dashed horizontal lines indicate steady state

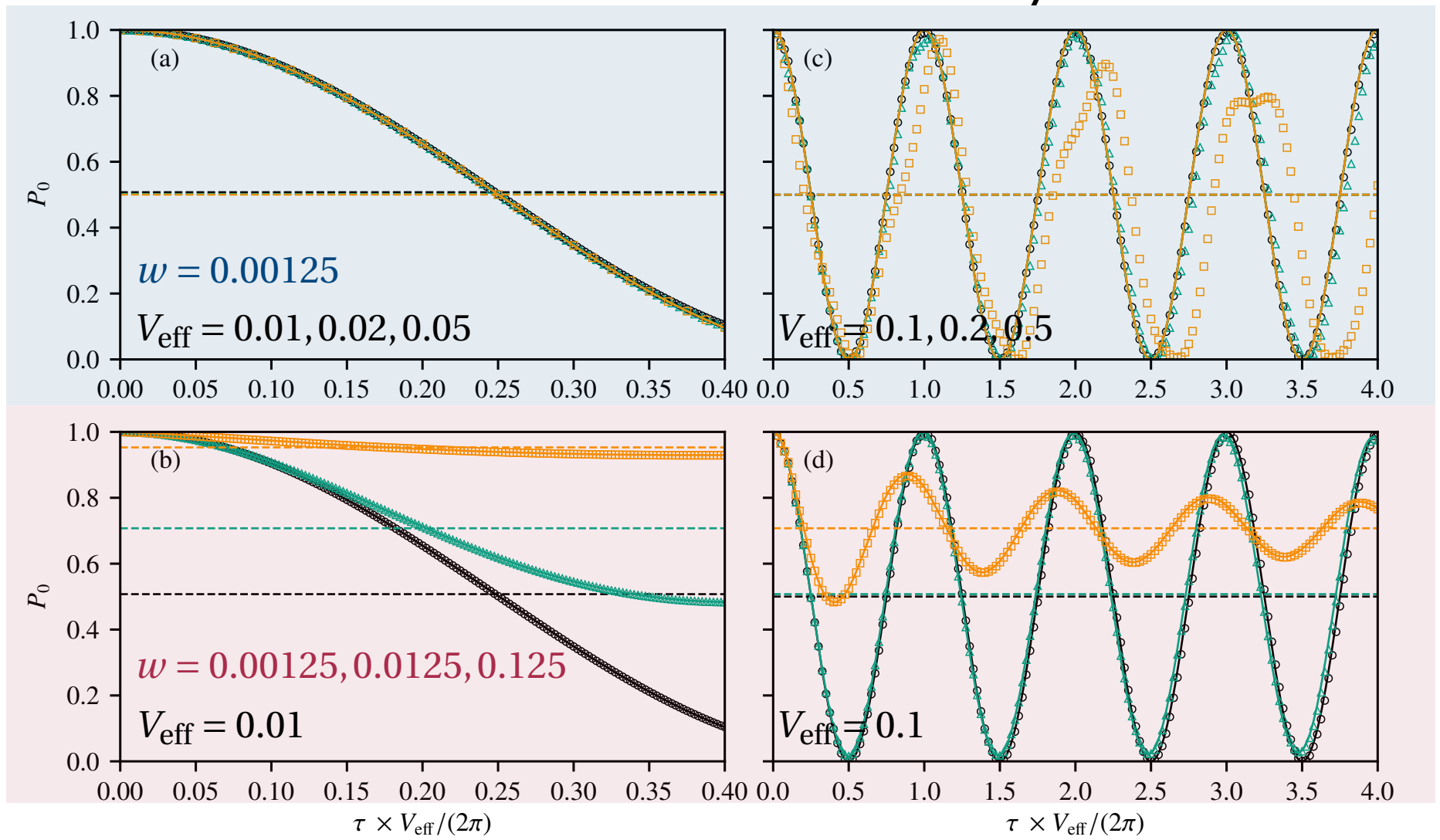


# Finite Temperature (Pulsed, Momentum Zeroed)

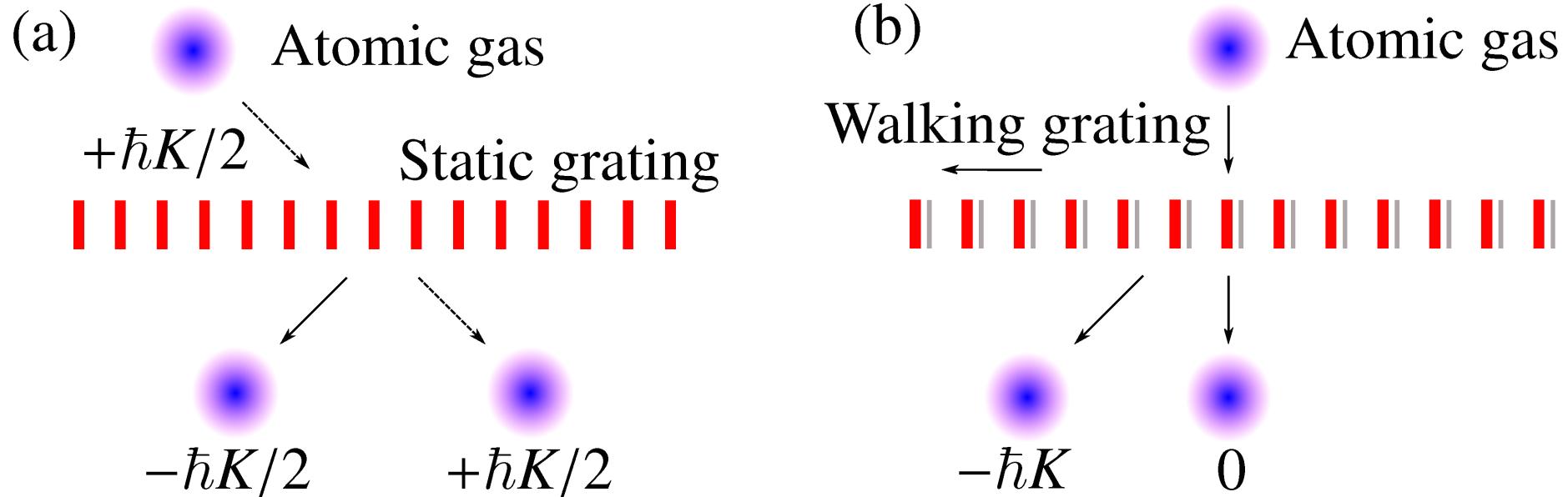


# Finite Temperature (Continuous, Momentum Offset)

Dashed horizontal lines indicate steady state

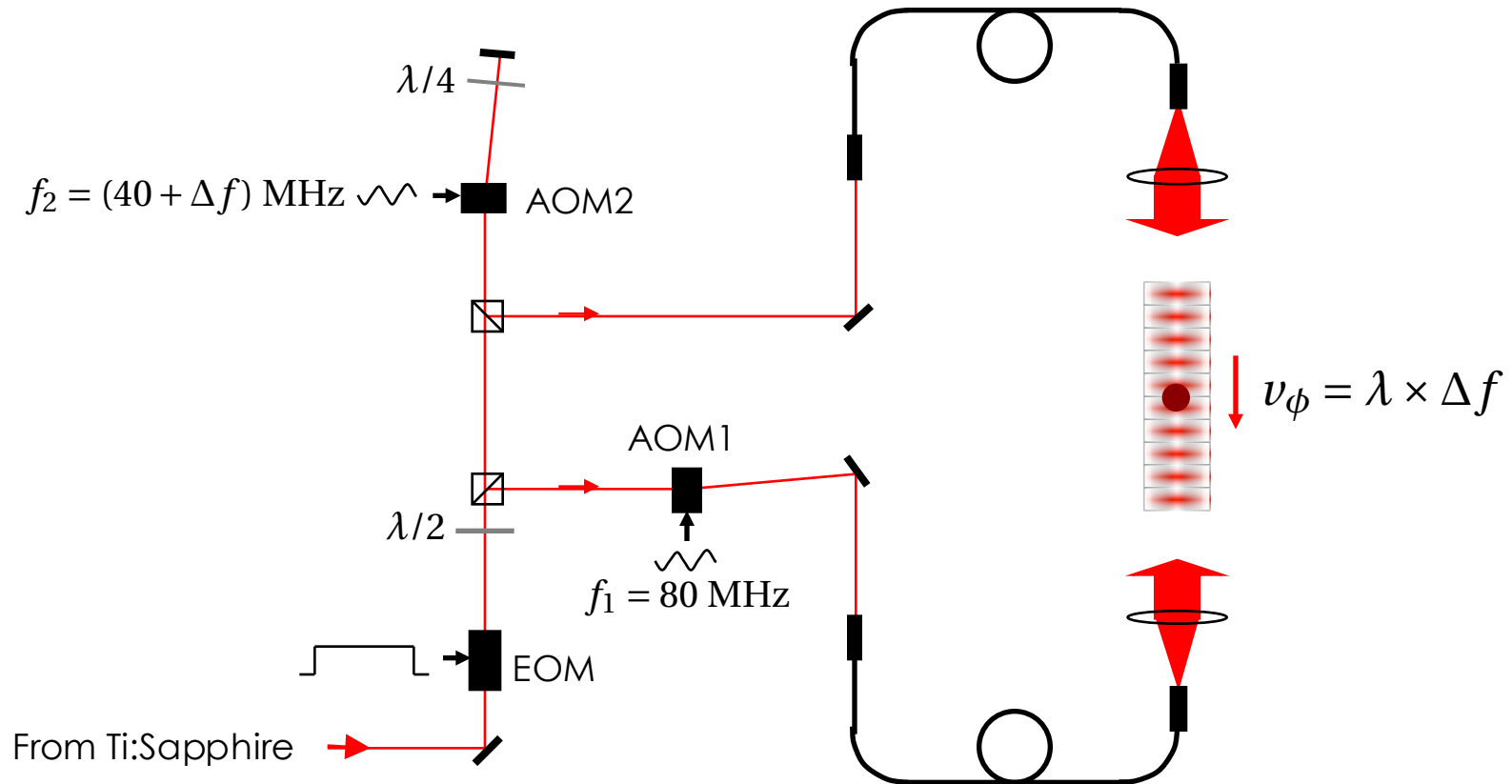


# Equivalence to Static Gas and Walking Lattice



- Consider, in lab frame  $\tilde{H}_{\text{Latt}} = \frac{\hat{p}^2}{2M} - V \cos(K [\hat{x} + v_\phi t])$
- If  $v_\phi = \hbar K/2M$ , then zero initial momentum in **lab frame** equivalent to  $\hbar K/2$  initial momentum in **comoving frame** in which lattice **appears to be static**

# Example: Switchable Walking Wave (Caesium)



- Walking wave controllable to near **arbitrary precision** via frequency difference between two acousto-optic modulators
- Such elements **frequently in place** for optical lattice experiments

- This does not seem too difficult!

# Acknowledgements

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## The Leverhulme Trust

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