#### Probing Energy Injections from Dark Matter with Cosmology

**Tracy Slatyer** 



Understanding Cosmological Observations Benasque, Spain 2 August 2019

Based on work with Hongwan Liu and Greg Ridgway arXiv:1904.09296



Office of Science

### Outline

- How energy injection originating from (non-gravitational)
   dark matter interactions could change the early universe
- Intro to DARKHISTORY (<u>https://darkhistory.readthedocs.io</u>, code stored on github): a self-consistent calculation of perturbed ionization and temperature histories

#### - Applications

- CMB constraints on DM annihilation and decay
- Incorporating backreaction effects
- Sensitivity of 21cm observations to DM signals
- Combining exotic energy injections with reionization models



- Many of these scenarios are ~equivalent from the perspective of gravitational effects
  - exceptions: DM is very light (fuzzy DM, ~10<sup>-21</sup> eV) or very heavy (PBHs), warm/fast-moving, or strongly self-interacting (cross section/mass > 0.1 cm<sup>2</sup>/g)
- Non-gravitational interactions in principle provide much greater discriminating power (if they exist)
- Large ongoing experimental program to search for such interactions in colliders, direct-detection searches, astrophysical observations
- Can regard such interactions as providing an energy transfer channel between dark and visible sectors - could have observable effects on cosmology
- Interactions can be elastic (see talk by Cora Dvorkin on Wednesday) or inelastic (focus of this talk, can constrain very tiny fractions of DM interacting)

#### Annihilation



 Tightly linked to DM abundance in scenarios where (1) DM was in thermal equilibrium with SM in early universe, (2) annihilation depleted the initial abundance.

- Such scenarios favor a benchmark "thermal relic" cross section:

$$\langle \sigma v \rangle \sim \frac{1}{m_{\text{Planck}} T_{\text{eq}}} \sim \frac{1}{(100 \text{TeV})^2} \approx 2 \times 10^{-26} \text{cm}^3/\text{s}$$



 Either annihilation or decay would lead to a slow trickle of energy into the visible sector over time.

- We can explore the effects of this energy transfer on the history of the universe.

- We can change the observed CMB by:

- changing the plasma to which the photons couple (largest effects prior to recombination)
- modifying the photon spectrum directly via scattering or injection
- Scattering between DM and ordinary matter would slightly couple DM and baryons, modifying the anisotropy pattern.
- Cooling (via scattering) or heating (via annihilation/decay) of the baryons would induce spectral distortions.



Image credit: European Space Agency / Planck Collaboration spatial information: describes pattern of oscillations in density and temperature

#### spectral information: near-perfect blackbody



- Second case (modification after emission): "cosmic dark ages" span redshift z ~ 30-1000, ionization level expected to be very low.
- Increasing ionization would provide a screen between CMB photons and our telescopes - can be sensitively measured.
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# 21cm and the cosmic thermal history

- To measure the gas temperature at late times, we can search for atomic transition lines, in particular the 21cm spin-flip transition of neutral hydrogen.
- "Spin temperature"  $T_s$  characterizes relative abundance of ground (electron/proton spins antiparallel) and excited (electron/proton spins parallel) states  $T_s$  gives the temperature at which the equilibrium abundances would match the observed ratio.
- If  $T_S$  exceeds the ambient radiation temperature  $T_R$ , there is net emission; otherwise, net absorption.

	Continuous Spectrum		

$$\begin{split} T_{21}(z) &\approx x_{\rm HI}(z) \left(\frac{0.15}{\Omega_m}\right)^{1/2} \left(\frac{\Omega_b h}{0.02}\right) \\ &\times \left(\frac{1+z}{10}\right)^{1/2} \left[1 - \frac{T_R(z)}{T_S(z)}\right] 23\,{\rm mK}, \end{split}$$

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### Expectations for a 21cm signal



- First stars turn on = flux of Lyman-alpha photons couples  $T_s$  to the hydrogen gas temperature  $T_{gas}$ .
- We expect  $T_{gas} < T_R$  initially gas cools faster than the CMB after they decouple leading to absorption signature.
- Exotic heating could lead to an early emission signal [e.g. Poulin et al '17].
- Later, stars heat  $T_{gas} > T_R$ , expect an emission signal.
- There are a number of current (e.g. EDGES, LOFAR, MWA, PAPER, SARAS, SCI-HI) and future (e.g. DARE, HERA, LEDA, PRIZM, SKA) telescopes designed to search for a 21cm signal, potentially probing the cosmic dark ages & epoch of reionization.
- Any measurement of global  $T_{21}$  will set a bound on  $T_{gas}$ .



- Consider the power from DM annihilation how many hydrogen ionizations?
  - I GeV / I3.6 eV ~ 108
  - If 10-8 of baryonic matter were converted to energy, would be sufficient to ionize entire universe.
     There is ~5x as much DM mass as baryonic mass.
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#### computing modified ionization/thermal histories

- To study any of these effects, we need to know how particles injected by annihilation/decay transfer their energy into heating, ionization, and/ or photons.
- My collaborators and I have written a Python package to:
  - model energy-loss processes and production of secondary particles,
  - accounting for cosmic expansion / redshifting,
  - with self-consistent treatment of exotic and conventional sources of energy injection.
- Publicly available at <a href="https://github.com/hongwanliu/DarkHistory">https://github.com/hongwanliu/DarkHistory</a>

### Predicting a signal

Annihilation/decay/etc injects high-energy particles If unstable, decay with Pythia or similar program Time-dependent injection of high-energy photons + e<sup>+</sup>e<sup>-</sup> (others largely escape or are subdominant; neglect) **Cooling processes** Absorbed energy (ionization+excitation+heating) Modify evolution equations, e.g. with public recombination calculator (RECFAST, CosmoRec, HyRec)

Cosmic ionization and thermal histories

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### The photon-electron cascade

Based on code developed in TRS, Padmanabhan & Finkbeiner 2009; TRS 2016

ELECTRONS

- Inverse Compton scattering (ICS) on the CMB.
- Excitation, ionization, heating of electron/H/ He gas.
- Positronium capture and annihilation.
- All processes fast relative to Hubble time: bulk of energy goes into photons via ICS.



Schematic of a typical cascade: initial γ-ray -> pair production -> ICS producing a new γ -> inelastic Compton scattering -> photoionization

#### PHOTONS

- Pair production on the CMB.
- Photon-photon scattering.
- Pair production on the H/He gas.
- Compton scattering.
- Photoionization.
- Redshifting is important, energy can be deposited long after it was injected.

#### Note: rates depend on gas ionization level

- Coupled equations govern evolution of the temperature and ionization history
- Energy deposition to ionization/heating provides extra source terms in these equations
- Simplest treatment uses threelevel atom (TLA) approximation - basis of RECFAST code
  - More advanced codes (CosmoRec, HyRec) include more levels of hydrogen

$$\dot{T}_m = \dot{T}_m^{(0)} + \dot{T}_m^{\text{inj}} + \dot{T}_m^{\text{re}},$$
  
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ionization heating excitation low-energy photons propagating photons that can scatter further

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XHII

species redshift

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#### Time evolution

- At a given timestep, injection is specified by a redshift-dependent injected spectrum of particles (electrons, positrons, photons).
- Propagate injected particles through timestep (see last slide).
- At end of timestep, update ionization+temperature level, add propagating secondary photons to injected spectrum for next timestep.
- Iterate until desired end redshift is reached, read off computed T/ XHII histories.



#### Omitting back-reaction

- Suppose: modifications to the ionization history from exotic injections are negligible + ionization history is well-known.
- Can then compute transfer functions at unperturbed  $x_{HII}(z)$  values transfer function determined by z only.
- Energy deposition into ionization/heating/excitation is then linear in the spectrum of injected particles - does not depend on injection history.
- Can pre-compute this deposition as a function of redshift for particles injected at different energies/redshifts, then take linear combinations.
- Having obtained exotic heating/ionization rate for a given model, can solve evolution equations for  $T/x_{HII}$ .
- This is significantly faster than running the full coupled evolution, once the pre-computation steps are done.

inputs: injected particle energy, injection redshift, ionization history



take appropriate linear combination of precomputed  $outputs(z_{in}, z, E)$ heating(z) ionization(z) excitation(z) evolve T, XHII ionization level (z) temperature (z)

redshift

## Example application: CMB limits on DM physics

- Backreaction is safe to omit for constraints on DM annihilation and decay from the CMB, which can be shown to be dominated by high redshifts ( $z >> z_{reion}$ ).
- Example results for ionization power from DM annihilation [TRS '16] normalized to injected power at the same redshift.
- Can be used to obtain XHII perturbation from arbitrary keV-TeV DM models.



### From deposition to CMB bounds

- We can now use public code packages (RECFAST/CosmoRec/HyRec) to solve for the ionization history.
- Public codes CAMB/CLASS can compute the resulting CMB perturbations (ExoCLASS, Stocker et al '18, can handle arbitrary energy injection histories using this no-backreaction formalism + pre-computed results from TRS '16).
- We find that:
  - Signal is dominated by redshifts of several hundred, ~no impact from reionization uncertainties.
  - Injections are constrained to be small enough that CMB perturbations are ~linear in energy injection.
  - <u>Shape</u> of CMB perturbations doesn't depend on energy/species of injected particles - signal <u>normalization</u> is set by an appropriately-weighted integral over the power deposited to ionization.

#### Annihilation limits from Planck

- A single analysis of CMB data simultaneously tests all annihilation channels, over a huge mass range.
- Excludes full thermal relic cross section below ~10 GeV, often sets the strongest indirect limits for sub-GeV DM.

Planck



#### Constraints on decay from Planck

- For decaying dark matter, can use the same approach.
- Sets some of the strongest limits on relatively light (MeV-GeV)
  DM decaying to produce electrons and positrons.
- For short-lifetime decays, can rule out even 10-11 of the DM decaying (for lifetimes ~1014 s)



TRS & Wu, PRD '17

Other constraints (colored lines) from Essig et al 13

### When does backreaction matter?

 In this scan we take models on the verge of exclusion by CMB bounds and compute the effect of backreaction on the change in the matter temperature, using DARKHISTORY.

Effects are above z~100, but can be large during cosmic dawn, especially for DM decay.



#### Running DARKHISTORY

- DarkHistory is provided with extensive example notebooks.
- It contains built-in functions for:
  - redshift dependence corresponding to DM decay or s-wave annihilation
  - injection spectra of electrons/positrons/
    photons corresponding to all SM final states
- Turning backreaction on or off is a matter of a single keyword.
- Example: ionization/temperature histories for a 50 GeV thermal relic annihilating to b quarks, with and without backreaction.







### 21cm sensitivity

- Consider a hypothetical
  21cm measurement of T<sub>21</sub> <</li>
  -50 mK at z~17.
- If  $T_R = T_{CMB}$ , this corresponds to an upper limit on the gas temperature of  $T_m \sim 20$  K.
- With DARKHISTORY, it is easy to compute the resulting limits with and without backreaction.
- Note particular sensitivity to decay to electrons.

$$\begin{split} T_{21}(z) &\approx x_{\rm HI}(z) \left(\frac{0.15}{\Omega_m}\right)^{1/2} \left(\frac{\Omega_b h}{0.02}\right) \\ &\times \left(\frac{1+z}{10}\right)^{1/2} \left[1 - \frac{T_R(z)}{T_S(z)}\right] 23 \,\mathrm{mK}, \end{split}$$



#### Including reionization

- Here we include a model for reionization [Puchwein et al '18], as photoionization/photoheating contributions in the evolution equations.
- Example: DM decay, at the minimum lifetime allowed by the CMB.
- We see that backreaction significantly enhances the DMinduced heating during reionization.





#### Tools in DARKHISTORY

- DARKHISTORY contains self-contained modules/functions for:
  - quick, accurate numerical calculation of inverse Compton scattering spectra over very broad energy ranges (including non-relativistic and ultra-relativistic electrons).
  - fast calculation of the cooling of electrons due to inverse Compton scattering and atomic processes, for arbitrary gas density / ionization level / CMB temperature.
- These tools are applicable in contexts beyond early-universe cosmology.
- Also note DARKHISTORY fixes some bugs in previous calculations
  largest changes for decay/annihilation to e<sup>+</sup>e<sup>-</sup> at low energies & low redshifts (no effect on CMB bounds).

### Ongoing work/questions

- Short term:
  - Improve module for cooling of low-energy electrons currently for electrons below 3 keV, we interpolate results calculated with the MEDEA code [Evoli et al '12]
  - A consequence of the improved electron module will be a full prediction for the low-energy photon spectrum = distortion to the CMB blackbody
- Longer term:
  - Possible integration with other public codes CosmoRec/HyRec, CLASS, codes modeling 21 cm power spectrum.
  - DARKHISTORY still assumes homogeneity of deposition not true in detail at low redshift. Possible approaches include gas-density-dependent transfer functions, separate modeling of halos vs IGM.
  - DARKHISTORY assumes the only radiation field is the CMB stars turning on could modify the cooling cascade.

#### Summary

https://darkhistory.readthedocs.io

try it out!

#### Summary

- Cosmological datasets can provide powerful probes of the nongravitational properties of dark matter.
- The cosmic microwave background provides stringent limits on both annihilating and decaying DM, especially at sub-GeV mass scales.
- Scenarios that are not yet ruled out could have large effects on the matter temperature at the end of the cosmic dark ages; thus 21cm measurements could set robust, stringent new constraints on DM annihilation/decay (especially light DM decaying to electrons).
- We have developed a new public numerical toolbox, DARKHISTORY, to self-consistently compute the effects of exotic energy injections on the cosmic thermal and ionization histories.

#### BONUS SLIDES

#### DarkHistory extras



6. main

- 5. TLA Integration and Reionization
- 6. Next Step

#### Coarsening

- We can speed up the code by using larger redshift steps
- Let n be the "coarsening ratio": (final bin width in log redshift)/ (initial bin width in log redshift)
- Evaluate the transfer functions at the center of the new large redshift bin
- "Coarsen" by raising these transfer functions to power n



#### Treatment of helium

- We have the option to track helium ionization in our TLA evolution equations
- If tracking is turned on, low-energy electrons deposit some of their energy into helium ionization
- In addition, we have two simplified bracketing options for how to treat photoionization of helium:
  - assume prompt recombination, resulting in a recombination line photon that can then ionize hydrogen
  - treat it purely as a contribution to helium ionization



### Comparison with earlier results



### Efficiency factors (annihilation)



- We can then quickly compute this normalization/ efficiency factor for all injection energies - call it f<sub>eff</sub>(E) for injected electrons/photons/positrons.
- Integrate over f<sub>eff</sub>(E) to determine strength of CMB signal for arbitrary spectra of annihilation products.

EDGES

# Side note: have we already seen a signal?

- The Experiment to Detect the Global Epoch-of-reionization Signature (EDGES) has claimed a detection of the first 21cm signal from the cosmic dark ages [Bowman et al, Nature, March '18]
- Claim is a very deep absorption trough corresponding to  $z\sim15-20$  implies spin temperature < CMB temperature,  $T_{gas}/T_R(z=17.2) < T_S/T_R < 0.105$  (99% confidence).



- Very surprising result trough is much deeper than expected.
- Suggests either new physics of some form, or a systematic error [e.g. Hills et al '18, Bradley et al '19].

#### Interpreting EDGES

- If  $T_R$  is taken to be the CMB temperature,  $T_{gas}/T_R < 0.105$  gives  $T_{gas} < 5.2$  K.
- But assuming standard decoupling and <u>no</u> stellar heating, we can calculate  $T_{gas} \sim 7$  K.
- It is quite possible this result is spurious e.g. due to instrumental effects and/or foregrounds
  [e.g. Hills et al 1805.01421].
- But if it is confirmed, suggests either  $T_R > T_{CMB}$  (new radiation backgrounds) [Feng & Holder 1802.07432], some significant change to the standard cosmological evolution, or some modification to the standard scenario that lowers  $T_{gas}$ .
- New radiation backgrounds could arise from either novel astrophysics, i.e. radio emission from early black holes [Ewall-Wice et al 1803.01815] or more exotic (DM-related?) sources [e.g. Fraser et al 1803.03245, Pospelov et al 1803.07048].
- Additional cooling of the gas could be due to modified recombination history (earlier decoupling from CMB), or thermal contact of the gas with a colder bath, e.g. (some fraction of) the dark matter [e.g. Barkana, Nature, March '18; Munoz & Loeb 1802.10094; Berlin et al 1803.02804; Barkana et al 1803.03091; Houston et al 1805.04426; Sikivie 1805.05577].
- Opposite effect to that expected from annihilation/decay could set strong limits.
- Many possible explanations also imply large effects on 21cm power spectrum [e.g. Munoz et al 1805.03254].

#### Millicharged DM and annihilation heating

- Consider millicharged DM comprising 1% of total DM, and assume EDGES observation is correct.
- If millicharge is too small, cannot scatter efficiently enough to cool the gas.
- If millicharge is too large, automatic annihilation (through s-channel photon) overheats the gas.
- In intermediate region, can set limits on extra (non-automatic) annihilation channels.
- Cannot get desired 1% density through thermal freezeout of such channels if branching ratio to electrons is appreciable & annihilation is unsuppressed at late times.



#### Liu & TRS, PRD '18

### Annihilation/decay heating + extra photons



Example for decay/annihilation to electrons - if extra radiation backgrounds are of same order as the CMB (at 21cm frequency), probe lifetimes of a few x 10<sup>27</sup> s for 100 MeV DM, annihilation cross sections of order few x 10<sup>-30</sup> cm<sup>3</sup>/s - four orders of magnitude below thermal relic. (See also d'Amico et al 1803.03629.)

# Annihilation/decay + strong scattering

- Case where baryons and (some subcomponent of) DM are strongly coupled -DM acts as heat sink for all effects heating baryons
- Causes early photon-gas decoupling, gas has longer to cool due to expansion.
- Effect is independent of scattering xsec, once xsec is large enough.
- Net effect is delayed recombination + dilution of heating by needing to heat DM too.
- Cooler gas recombines better; can reduce ionization levels, also relaxes annihilation/ decay constraints from CMB!



Example of a case nominally ruled out by CMB limits on extra ionization - turning on small scattering component reduces ionization signal.

#### Annihilation/decay + delayed recombination

- Suppose baryons decouple from photons earlier than expected (can be due to a small scattering DM component, or for other reasons).
- If decoupling is early enough, gas temperature before heating at z~17 is very small - set constraint by requiring DM heating not overproduce total observed T<sub>gas</sub>, starting from 0K.
- Thus as with scattering, there is an asymptotic constraint when decoupling is early enough.



Example of DM annihilation to e<sup>+</sup>e<sup>-</sup> pairs; constraints as a function of decoupling redshift

- Summary of limits assuming EDGES is correct
- Orange/red lines =
  limits in presence of
  early recombination
  (orange) or extra
  radiation up to same
  strength as CMB (red)
- Blue/green regions = allowed regions with 100%/1% of DM scattering, strongcoupling limit
- Dashed black lines = standard CMB bound
- Heating bounds are stronger than standard CMB limits for light DM in most cases (especially decay to e+e-)



### Reionization and boost factors

#### Dark matter in the reionization epoch

- By this time, early galaxies have formed.
- Dark matter has clumped into halos and filaments at a wide range of scales.
- Need to account for the resulting higher densities enhancement to annihilation.

#### z=18.3, t =0.21 Gyr

31.25 Mpc/h

#### Millennium Simulation

31.25 Mpc/h

z=5.7, t =1.0 Gyr
## s-wave annihilation rate $\propto \rho^2$





 $\frac{\text{decay}}{\text{rate}} \propto \frac{\rho}{\tau} e^{-t/\tau}$ 

assume T >> age of universe, rate follows DM density

colored curves show effective average  $\rho$ ,  $\rho$ v, accounting for structure formation

# What we know about reionization

 Most recent results from Planck, May 2016 (paper XLVII), for cosmic reionization optical depth:

 $\tau = 0.058 \pm 0.012$ 

- "The average redshift at which reionization occurs is found to lie between z = 7.8 and 8.8, depending on the model of reionization adopted... in all cases, we find that the Universe is ionized at less than the 10% level at redshifts above z = 10."
- What limits does this set on DM annihilation? To what degree could DM contribute to the ionization history around reionization, consistent with these (and other) bounds?



**Fig. 17.** Reionization history for the redshift-symmetric parameterization compared with other observational constraints compiled by Bouwens et al. (2015). The red points are measurements of ionized fraction, while black arrows mark upper and lower limits. The dark and light blue shaded areas show the 68 % and 95 % allowed intervals, respectively.

#### ionization

#### temperature

### s-wave annihilation

#### p-wave annihilation

#### decay



### Constraints

- CMB anisotropy bounds (discussed earlier) limits changes to ionization history at high redshift. Strongly constrains s-wave annihilation, but less important for p-wave annihilation & decay.
- Total optical depth, as measured by Planck limits integrated changes to ionization history.

 $\tau=0.058\pm0.012$ 

- Temperature after reionization (Becker et al '11, Bolton et al '11):

$$\log_{10}\left(\frac{T_{\rm IGM}(z=6.08)}{\rm K}\right) \le 4.21^{+0.06}_{-0.07} \qquad \log_{10}\left(\frac{T_{\rm IGM}(z=4.8)}{\rm K}\right) \le 3.9 \pm 0.1$$

+ bounds on decay and annihilation from present-day measurements of photon flux

# Can DM contribute to reionization?

- Answer appears to be "no". Models that would give large contribution to reionization also produce:
  - late-time heating (potentially testable with 21cm observations?)
  - early ionization, leading to strong CMB bounds (for decay, s-wave annihilation)
  - diffuse photon backgrounds in present day
- Most optimistic scenario is for DM decay producing
   O(10-100) MeV electrons/positrons could contribute at
   O(10%) level

21cm

#### Poulin et al JCAP03(2017)043

## Predictions for 21cm signals

- Heating from decays before reionization leads to "spin temperature" exceeding CMB temperature - i.e.
  21 cm line in <u>emission</u> at z~20-25 (generally expected to be in absorption).
- Annihilation case more challenging, but (at least for some DM masses) could potentially leave unique signatures.



Lopez-Honorez et al JCAP08(2016)004

